# at Raleigh Corporate Center

## Curriculum Nig ART SHOW

at Morning Times Cafe

### Summer Carnival

+ Backpack Drive for military children

September 2019

#### 2019 September NEWSLETTER



BRIGHT HORIZONS AT RALEIGH CORPORATE CENTER

Important Dates Soccer Shots - Sept. 13 (New season) Prevent Blindness - Aug. 16 (Early PS - K Prep only) Curriculum Night

- KPrep Sept. 24
- PS Sept. 26

#### **Reasons to Celebrate**

Candice BDay - Sept. 4 Myra 15 yrs - Sept. 7 Rebecca 3 yrs - Sept. 19 Amber BDay - Sept. 26

From the Director Insert a note from the director here...

Transition Time

The start of public school marks a time of transition here at the center. As children leave our Kindergarten Prep program and go off to Kindergarten, we begin the great migration of children from one classroom to the next.

This can be a time of heightened stress for families. Please be sure to take time to:

- Schedule an exit conference with your child's current teacher and at the same meeting we will plan time for you to talk to the new teachers.
- Developing a morning goodbye ritual with your child and stick to the same routine each morning will help you both start your day off with a smile.

A Great Place for a Childhood



#### What brought you to Bright Horizons? What makes you stay here?

I chose to work for Bright Horizons because I loved their mission and what they stand for in the field of Early Childhood Education. Bright Horizons is committed to providing the most deserving and enriching care to all children in order to help them reach their fullest potential. I have always had a passion for working with children and families and knew that Bright Horizons was the perfect place for me.

### How long have you worked in the field of Early Childhood Education, what brought you to it, and what is most rewarding about it?

I have worked in the Early Childhood Education field for over 3 years now because working with children brings me so much joy. To watch children grow and learn in the earliest years of their lives is amazing.

#### What are your favorite activities to do with the children?

I love seeing how excited children get when they learn something new, and watch their interests and ideas grow by simply asking questions. I love doing nature exploration projects with children, and have them be in an environment where the world is at their fingertips.

#### What is the best thing that families have ever done for you?

The families that I have worked with within the short time I have been with Bright Horizons are absolutely wonderful. I love being able to build unique relationships with families and create positive home-to-school partnerships.

### What is the best advice you can give to someone going into the field of Early Childhood Education?

The best advice I have for someone entering this field is to follow your passions. This is such a rewarding career where you can be the reason why children have such a memorable and exciting early education experience. To work with children in this field is exciting, inspiring, and so fulfilling.

#### What's next on the HORIZON for you both professionally and personally?

As I continue my career with Bright Horizons, I hope to go back to school and obtain my Master's degree in Speech LanguagePathology where I can continue to work with children and families in a multitude of settings. I am Caroline Allen and I AM BRIGHT HORIZONS.









## Summer 📝 Explorations MAXABILIT HORIZONS

200









## YOU'RE INVITED! Curriculum Night

Infant, toddler, preschool, and kindergarten prep families are all welcome.

Kindergarten Prep	September, 24, 2019 5:30 a.m. – 7:00 p.m.
Preschool	September, 26, 2019 5:30 a.m. – 7:00 p.m.
Toddlers	October, 1, 2019 5:30 a.m. – 7:00 p.m.
Early Preschool	October, 3, 2019 5:30 a.m. – 7:00 p.m.
Infants	October, 8, 2019 5:30 a.m. – 7:00 p.m.

Come see what **Bright Horizons**<sup>®</sup> at Raleigh Corporate Center has in store for your child this year!

- Learn about World at Their Fingertips<sup>®</sup> and how it works with each age group to build on individual strengths and talents.
- Meet and talk with our engaging educators and see just how passionate they are about teaching
- Explore activities your children will get to participate in on-site.
- See our emergent curriculum and how it uses your child's own interests to inspire learning.

#### See you there!

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Reading with your child may be one of the most meaningful and memorable ways to spend time imagining and learning together at home. Growing Readers emphasizes the importance of reading aloud to children and cultivating a love of



No time to visit your local library? No problem...

#### Choosing a book from our library helps you:

- Select great books for your child, at each age and stage,
- Strengthen your child's • educational development,
- Introduce and discuss themes, explore new concepts or guide your child through life's experiences.

great books.









#### **ART SHOW** *at* **MORNING TIMES**



What an amazing culmination to our year long art provocations and projections. For the month of August, we were proud to have our children's art on display in the gallery at Morning Times Cafe in downtown Raleigh. We opened with a great crowd during the city of Raleigh's monthly "First Friday" festivities. Everyone from our proud children and parents to educators to cafe patrons were on hand to converse about the work, the processes, our educators and our center.



# Center Highlights





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Soccer Shots' new season begins Sept. 13th To learn more or enroll for Soccer Shots at RCC visit,

### SOCCERSHOTS.ORG/RDU



#### Early Literacy at Bright Horizons

At **Bright Horizons**<sup>®</sup>, we believe that early literacy and language development — including reading, writing, and oral/receptive language (speaking, listening, and understanding) — are the foundation for cognitive growth, as well as a primary way children build relationships and connections. Language Works, our comprehensive literacy and language approach, is based on current research on how children learn to read and write. Our approach is consistent with the National Association for the Education of Young Children (NAEYC) and the International Reading Association's position that early literacy development is an "emerging set of relationships between reading and writing...embedded in a larger developing system of oral communication."

According to NAEYC, there are at least three critical components of early literacy learning:

- Oral language comprehension (spoken words).
- Phonological awareness the understanding that sounds can be manipulated to make letters and words.
- > Print awareness the knowledge that print is a written form of communication.

Additionally, NAEYC suggests that a child's motivation and desire to read books, communicate, and gain knowledge through literacy are just as important as skills development. In other words, early literacy success is dependent upon a combination of cognitive skills and positive dispositions.

Early literacy begins long before a child enters preschool or kindergarten. Young babies learn that communication is a way to connect, find comfort, and express needs. Toddlers and twos begin to share their ideas. Preschoolers understand that the written word is just one more tool for communicating through reading and writing.

We want children to leave our programs with a deep love for rich conversations, engaging stories, and enjoyable writing experiences, and we understand that early literacy is more than merely reciting the ABCs. We achieve these goals through daily interactions, projects, and activities. Children talk informally with each other and teachers throughout the day. They make written plans, graphs, and charts during group time activities. They hear and read stories, often reading them several times, discussing the characters and plot, and acting the stories out. These are just a few of the ways teachers build emerging literacy and writing skills in our centers and schools.

#### Fun, Low-Cost Outdoor Activities for Kids

Below are a few suggestions for fun family activities that can be done outdoors:

Plan a weekly neighborhood walk or hike. Toddlers are at a vantage point to observe things that we adults often miss. A simple walk around the neighborhood with the family can open a whole world to them if we simply slow down. Make time to explore with toddlers, keeping in mind the journey, not the destination. How many plants and insects can you find? How many different textures or sensations can you discover?

Explore pond life. With older children, you can get an up-close view of a local pond. Cut the ends off a large food container or plastic milk jug, and secure plastic wrap over one end with a rubber band or waterproof tape. Place the wrapped end of the container in a stream or pond. Look into the other end. The glare of the sun is diminished when looking through the container, so it's easier to see plant and animal life in the water.

Nurture your family with nature. Visit farms, forests, and wildlife preserves, as well as local parks, streams, lakes, woods, and community gardens. Use magnifying glasses to search for tiny insects, cameras to photograph the sights you see, and tape measures to measure the circumference of trees or the heights of plants. Look for pictures in the clouds or watch stars at night.





The Work-Life Equation
Subscribe where you get podcasts!

Listen to the Bright Horizons Work-Life Equation for information on parenting, caregiving, and balancing work with everyday life.

### Featured Podcast Episode Summer's Over! Back to School

New classes...crazy morning routine...making lunch — the kids are finally back in school, and yet, life seems more complicated than ever. Can you manage it gracefully? Our guest Christine Koh says: sort of. Listen to hear her tips for embracing the important stuff, jettisoning the rest, and enlisting the whole family (even kindergarteners!) for help.

Episode 21: Summer's Over! Back to School www.brighthorizons.com/bhpodcastEpi22

You can listen to this episode on the Bright Horizons website, Apple, SoundCloud, Google, and Stitcher.

#### Bright Horizons at Raleigh Corporate Center

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