

# skyline

at Raleigh Corporate Center

Garden Works

SUMMER CAMP

growing artists

June 2019



BRIGHT HORIZONS AT

RALEIGH CORPORATE CENTER

## From the Director

### Thank you

We finished out a wonderful month of Teacher and Staff Appreciation in May. Thank you all so very much for making our amazing faculty feel loved. They enjoyed all of their notes in their buckets, their treat Wednesdays and the generous treat bags. We are planning on holding a celebration dinner later in June when we get through our NAEYC assessment.

### Sun Safety

In order to provide the optimal sun safety, we have found this practice to work best over the years. Parents should apply a good layer of sunscreen to your child each morning. Teachers are able to reapply a coat after nap time if you bring a bottle of sunscreen (be aware that spray or aerosol sunscreens are not allowed per sanitation regulation) and sign a permission form.

### Warm Weather Clothing

It is time to swap out your child's extra clothes in their cubbies for shorts and t-shirts. It is important to send your child to school in tennis shoes or sandals that are secure to your child's foot. Flip flops are cute, but do not provide foot safety for trike riding.

### Summer Transitions

We are busy planning transitions up to the next age group for the summer months. We have 23 children leaving for kindergarten, most of them won't leave us until the last week in August. This means we will be able to transition a handful of children during the summer months and then a great migration will happen the last week in August and the first week in September. If you have any questions about the transition process, please feel free to reach out to your primary teacher and/or send me an email.

## Important Dates

**Dragonfly Nature - June 10**

**Summer Camp - June 12**

**Donuts with Dad - June 14**

**KPrep Celebration - May 17**

## Reasons to Celebrate

**Erica 7 Yrs - May 15**

**Myra BDay - May 18**

*Brandi*





Sonali Dash

**What brought you to Bright Horizons? What makes you stay here?**

My journey with BH started in the year 2010, the year both my daughters started. I like the BH principles and its ambience. Our culture of teamwork matters a lot too.

**How long have you worked in the field of Early Childhood Education, what brought you to it, and what is most rewarding about it?**

For 7 years, the most rewarding thing has been the way children and families build a relationship with teachers and show how it can positively effect a child's brain.

**Has being a mother made you a better teacher, or has being a teacher made you a better mother?**

It's a vice versa relationship. I think being a teacher has made me think and act in a better way as a mother. As a mother, it has helped me to understand children and parents minds and some of their expectations.

**What are your favorite activities to do with children?**

i like doing small group times either indoor or outdoor, with infants and toddlers. Lots of sensory activities, singing songs and making funny faces with babies. It makes them laugh and that brightens this teachers day.

**What is the best thing that families have ever done for you?**

When the families just say "Thank you, Ms. Sonali", that makes my day.

**What is the best advice you can give to someone going into the field of Early Childhood Education?**

Study their children, follow their lead, come to their level and act with them. Guide them when needed. The little mind can be molded in anyway, a good educator will help mold the mind into the best shape.

**What's next on the HORIZON for you both professionally and personally?**

Professionally, I want to be a school teacher and also something in the child development sector. Personally, I want to be the best role model for my daughters.

**I am Sonali Dash and I AM BRIGHT HORIZONS!**

# NO TIME TO GO TO THE PUBLIC LIBRARY? Come check out our selection

## RCC LENDING LIBRARY

Reading with your child may be one of the most meaningful and memorable ways to spend time imagining and learning together at home. Growing Readers emphasizes the importance of reading aloud to children and cultivating a love of great books.



Author	Peter Brown
Title	Mr. Tiger Goes Wild
Date	JAN 30 2019
Name	S. Green

**Choosing a book from our library helps you:**

- Select great books for your child, at each age and stage,
- **Strengthen your child's educational development,**
- Introduce and discuss themes, explore new concepts or guide your child through life's experiences.



# Growing Artists *at* RCC

# Art Studio

During the month of May our growing artists continued to work together on collaborative projects, facilitated by Mr. Patrick. These unique projects were provoked through the exploration of two new stories, ***The Nian Monster*** and ***Who Needs Donuts***. Each of these new works will be featured in our *end of summer Art Show* at Morning Times cafe in Raleigh.





# Garden Works *at* RCC

Our garden is blossoming, and our friends are becoming more and more interested in what's growing, caring for our garden, and understanding what makes a healthy garden. Luckily we have great teacher guides and Ms. Peggy's expertise to help keep our garden healthy.



# Center Highlights



We want to congratulate our awesome K-Prep kids, their teachers and parents as they approach the end of their journey through early education with Bright Horizons. We wish them all luck on their next step.





# Center Highlights





# Center Highlights



Soccer Shots is back!

To learn more or enroll for Soccer Shots at RCC visit,

[SOCCERSHOTS.ORG/RDU](https://SOCCERSHOTS.ORG/RDU)



## Introducing the Music Makers Program

In 2018, the Education and Development team at Bright Horizons introduced Music Makers, the musical component of Art Smart, Bright Horizons' visual and performing arts curriculum. At Bright Horizons, we believe that music exposure is an important part of every child's development.

Music is much more than singing. Music matters because it is universal. Every culture has some form of music, and it naturally interests and delights children. Music has a language of its own and is a wonderful outlet for creative energy. Music builds relationships, nurtures developmental skills, and encourages cultural exchanges. Howard Gardner, developer of the concept of multiple intelligences, considers music one of the eight intelligences.

Music Makers offers teachers practical and theoretical information about the value of music and how to present it in the early childhood classroom.

### A dynamic music program will:

- ▶ Teach children the basic properties of music, such as tempo, pitch, and volume.
- ▶ Build children's self-esteem and ability to express feelings.
- ▶ Support peer interaction and social skills knowledge.
- ▶ Develop language and vocabulary.
- ▶ Expose children to cultures and languages.
- ▶ Introduce children to musical instruments.

### In your child's classroom, you might see:

- ▶ Sound areas in the infant and toddler rooms that include musical instruments, wind chimes, or whistles.
- ▶ Musical instruments, songbooks, microphones, and other materials as appropriate for each age group.
- ▶ Explorations of musicians, composers, and musical groups, such as orchestras and quartets.
- ▶ Children singing songs, dancing, playing instruments, creating instruments, or reading books related to music.
- ▶ Children exploring patterns, rhythms, and tones.

Introduce children to musical instruments. The Music Makers curriculum is just one way we keep our promises to nurture and care for the whole child and create joyful places for childhood. Talk with your child's teacher or director to learn more about Music Makers.

## Did You Know?

The Partnership for a Healthier America (PHA) works with private companies to eliminate the problem of childhood obesity, and complements the Let's Move! initiative started by former First Lady Michelle Obama. In 2011, Bright Horizons was the first early care organization to join PHA and in 2017 we renewed our commitment until 2020.

Through this partnership, Bright Horizons is focused on improving our in-center practices and family resources on the topics of nutrition, movement, and gardening. Stay tuned for a new segment in our monthly newsletters that will feature tips and ideas on these topic areas!



**Teach. Play. Love.**  
Parenting Advice for the  
Early Years

Subscribe to get new episodes!



Listen as parents and early childhood educators come together to cull the competing advice, separate fact from fiction, and focus on what does – and doesn't – matter during these early years. Be more confident, have less worry...and let Bright Horizons help make parenting the joy it was meant to be.

## Featured Parenting Podcast Episode

### Teach. Play. Love. Parenting Advice for the Early Years

On this episode: executive function, an important set of organizational skills that will take your child into the future. Listen as Rachel Robertson, education and development vice president, and Ruth Fidino, learning and development director, discuss how you can weave executive function skill-building opportunities into your everyday life, and support your children while helping them learn to do things for themselves.

#### Ep. 3: The Quest for Executive Function

[brighthouse.com/bhpodcastEp3](http://brighthouse.com/bhpodcastEp3)

## Bright Horizons at Raleigh Corporate Center

800 Corporate Center Dr.

Raleigh, NC 27612

919-852-0509 (p)

919-852-5390 (f)

