

MARCH 2021

Camp Amgen Snack Menu

All snacks are nut safe and sesame free *Please note, Toddlers thru TK are included on this menu. *Milk: Toddlers- whole; Ages 2 to 5- 1%. *This menu satisfies the USDA Child Care Food Program Guidelines. *Menu subject to change based on food availability.



Monday	Tuesday	Wednesday	Thursday	Friday
1 am- Rice Chex Cereal pm- WW Mild Cheddar Cheese Sandwiches w/ Tomatoes & Mustard	2 am- Vanilla Yogurt w/ Graham Crackers pm- House Made Tahini Free Red Pepper Hummus w/ WW Pita Bread	3 am- Strawberry Yogurt w/ Granola pm- Cantaloupe w/ Whole Grain Cheddar Crackers	4 am- Bananas w/ Graham Crackers pm- WW Soft Pretzels w/ Cheese	5 am- Strawberries w/ Cottage Cheese pm- Mild cheddar Cheese Cubes w/ Edamame Toddlers: Oranges
8 am- Rice Krispies Cereal pm- Oranges w/ Whole Grain Cheddar Crackers	9 am- Bananas w/ Granola Toddlers: Graham Crackers pm- House-made Guacamole w/ WW Crackers Toddlers: WW Pita Bread	10 am- Blueberry Yogurt w/ Raspberries pm- Cantaloupe w/ String Cheese	11 am- Blueberries w/ Cottage Cheese pm- Pineapple w/ Graham Crackers	12 am- WW Bagels w/ Cream Cheese pm- WW Sunflower Butter Sandwiches
15 am- Special K Cereal pm- Sliced Apples w/ String Cheese	16 am- Bananas w/ Graham Crackers pm- Oranges w/ WW Crackers Toddlers: Ritz Crackers	17 am- Peach Yogurt w/ Blueberries pm- Cranberry Turkey Wraps w/ Lettuce & Tomato Veg: Cheese wraps	18 am- Oatmeal w/ Raspberries pm- Pineapple w/ Whole Grain Cheddar Crackers	19 am- Whole Grain Pancakes w/ Strawberries pm- Steamed Carrots w/ Greek Yogurt Ranch Dip & WW Pita Bread
22 am- Crispix Cereal pm- WW Bread w/ Apple Butter & Edamame Toddlers: Oranges	23 am- Bananas w/ Granola Toddlers: Ritz Crackers pm- Mild Cheddar Cheese Cubes w/ Whole Grain Crackers	24 am- Greek Vanilla Yogurt w/ Graham Crackers pm- Rice Cakes w/ Sunflower Butter & Raspberries	25 am- Strawberries w/ Cottage Cheese pm- WW Cheese Pizza Muffins	26 am- Vegetarian Breakfast Patties w/ Applesauce pm- Turkey Slices Veg: Cheddar Slices w/ WW Crackers
29 am- Corn Chex Cereal pm- Oranges w/ Whole Grain Cheddar Crackers	30 am- Strawberry Yogurt w/ Granola Toddlers: Graham Crackers pm: Watermelon w/ WW Crackers	31 am- Bananas w/ Graham Crackers pm- Strawberries w/ String Cheese		Toddlers: WW Pita Bread