

Bright Horizons at Marshfield Clinic Health System

From the Director

The summer sun and warm temperatures give us the opportunity to provide children with a wide variety of outdoor activities. This also means that as caregivers we need to be diligent in the care of children.

The American Academy of Pediatrics recommends that infants wear lightweight clothing and brimmed hats in order to help prevent exposure to the sun. In addition, the staff at the center limit infants time in the sun and use shaded areas to provide outdoor time for infants. The older children at the center have sunscreen, either provided from home or through the center, applied to them prior to going outside each day. In addition, we recommend that brimmed hats and sunglasses be brought in to provide extra protection from the sun. As with any items, please ensure that every item is labeled with your child's name.

Staff are diligent in keeping the children hydrated during the summer months. We provide cold water coolers for them and encourage them to take water breaks during outdoor time in order to stay hydrated.

These measures allow us to provide daily outdoor activities in a safe environment for the children in our care. We appreciate your support in ensuring your child is safe and enjoys their day at school.

~Tonya Glamann, Director

Important Dates

School Age and Preschool Families: please refer to the summer camp calendars for weekly events!

July

18th- Parent Partnership Meeting @ 730am

August

15th- Parent Partnership Meeting @ 730am

September

4th- First Day of School

Reasons to Celebrate

Every month we celebrate the amazing women and men that work so diligently in ensuring that each child and family that attends our Early Education Center and Preschool has the best high quality care and top notch education within our community. Below are those individuals that are celebrating Anniversaries this month with Bright Horizons. Please join me in celebrating their amazing work and dedication to the field of education and to our center!

Kristina B (Kprep)- 2 years

Nikki O (Twos)- 17 years

Bright Horizons

601 North Pine Avenue, Marshfield, WI 54449 | P: 715-387-7555
Monday-Friday, 5:30 a.m. – 7:45 p.m.

<http://child-care-preschool.brighthouse.com/WI/Marshfield/saintjosephshospital/>

CLASSROOM HIGHLIGHTS

Infant

Within the ArtSmart curriculum, infants are exposed to rich and diverse experiences that allow them to explore their creative sides and to appreciate the beauty and wonder of the art world while strengthening their sense of self. The infants are learning to use their senses to investigate the world around them and distinguish basic patterns and familiar faces through visual discrimination skills. They learn it by exploring materials with varied textures, colors and patterns, such as color boxes full of varied objects.



Toddler

A language rich environment is important in encouraging cognitive development during the early years. In fact, the quality of language development in the first 2 years of life has a permanent impact upon their intellect. This month toddler rooms focused on fostering language development by participating in finger plays, reading books, singing songs and engaging in conversations about farms and farming. In addition to the classroom conversations Olivia, one of our support teachers, brought in 2 calves from her farm. This allowed the children to go outside to pet and feed calves while engaging in conversations about their experience.



Transition

Toddlers benefit from the active movement during structured and unstructured exercise. In this picture you can see the children from the Transition wing engaged in some stretching exercises. There are many benefits from regular exercising, including strengthening muscles and bones, developing balance and coordination skills. This will help improve flexibility and allow muscles or joints to bend and move easily through their full range of motion.



CLASSROOM HIGHLIGHTS

Preschool/Kindergarten Prep

Diversity is immersed in everything we do here at Bright Horizons. In our preschool Summer Camp Explorations we are focusing on cultures from around the world. This knowledge helps them to learn compassion, empathy and responsibility to people here and around the world. They are learning to explore different cultures in authentic ways. They are learning it by hearing stories and songs, practicing the language, and even cooking and tasting food from around the world. By having these experiences they have a better knowledge of how others might live.



School Age

In the first month of Camp Explorations the school age children have been immersed in hands on interactive experiences. Campers have the opportunity to explore in the community on field trips and walks to parks. In addition to field trips school age children take charge in projects such as creating goop and making bouncy balls. In this picture the children are measuring out glue for their own bouncy ball. By taking ownership in the creation process children are given the opportunity to learn measurements as well as science investigative properties as ingredients mix together to create something new.



READY FOR SCHOOL NEWS

Family Traditions Celebrate Life!

Regardless of the size of your family, traditions are a meaningful way to create cohesiveness, forge fond memories, and celebrate life. Meg Cox, the author of *The Book of New Family Traditions*, defines family traditions as “any activity you purposefully repeat together as a family that includes heightened attentiveness and something extra that lifts it above the ordinary ruts.”

Many of us smile when we think about our childhood traditions. We might remember Sunday afternoon walks, game or movie nights, holiday preparations, special family hugs, or a secret family handshake. Often the activity is secondary; it's the being together and sharing a custom that lives in our hearts.

Below are a few ideas for fun family traditions that you can start this year.

Commemorate a special day by planting a tree.

Be it Thanksgiving, Earth Day, or to celebrate a holiday, planting a tree together connects us to nature, and produces an everlasting keepsake. Think of the library you can create by videoing and discussing the experience.

Designate a game night.

A weekly game night brings everyone together for relaxed fun. Game suggestions include Apples to Apples Junior; Don't Wake Daddy; Bingo; Dr. Seuss Cat in the Hat; and Guess Who? You might play action games, such as Charades, Twister, Hide and Seek, and Freeze Tag.

Compose family newsletters.

Rather than adults writing an annual letter, all family members can participate by talking about their year. Young children might depict their news by drawing, painting, and taking photographs.

Connect with residents in a nursing home.

Developing a relationship with people in a nursing home enriches the lives of the residents, makes your family feel good, and helps raise children with grateful hearts. Perhaps plan monthly visits and share stories, make cards, bake treats, or simply sit and hold someone's hand.

As you plan the tradition, eliminate distractions, and reserve the time as you would any meaningful activity. Remember that family traditions are about enjoying time together. As Michael J. Fox says, “Family is not an important thing. It's everything.”

BRIGHT HORIZONS NEWS

Lemons to Lemonade with Four Ingredients

Need help taming your child's tantrums? Turn those parenting lemons into lemonade!

It might not seem like it, but your child is more predictable than you think—and each stage of your child's development, along with every meltdown, is a gateway to skill-building for your little one.

Hear from early childhood experts Ellen Galinsky, the Chief Science Officer at the Bezos Family Foundation and Executive Director at Mind in the Making, and Rachel Robertson, the Education and Development Vice President at Bright Horizons, as they discuss common parenting challenges and the science behind parenting that can turn frustration into great skills for life.

You can subscribe to the Bright Horizons Family Matters Podcast through iTunes, Google Play Music, SoundCloud, Stitcher Radio, and RSS. Learn more by visiting the link below.



Podcast: Lemons to Lemonade with Four Ingredients

brighthorizons.com/lemonstolemonade



Check out all the places you can connect with us!