

BRIGHT HORIZONS AT LISLE

What's on the Menu?



Week of 01/27/2020	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> ▪ Crispex ▪ Apples ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Vanilla Yogurt ▪ Granola ▪ Bananas ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Mini Cheese Omelets ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Blueberry Breakfast Loaf ▪ Peaches ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Cornflakes ▪ Bananas ▪ Organic Milk
MORNING SNACK	<ul style="list-style-type: none"> ▪ Cheese Quesadilla ▪ Cucumber Slices ▪ Water 	<ul style="list-style-type: none"> ▪ Trail Mix ▪ Apples ▪ Water 	<ul style="list-style-type: none"> ▪ Whole Grain Cheddar Crackers ▪ Bananas ▪ Water 	<ul style="list-style-type: none"> ▪ French Toast Sticks ▪ Oranges ▪ Water 	<ul style="list-style-type: none"> ▪ Fresh Fruit Salsa ▪ Homemade Baked Tortilla Chips ▪ Water
LUNCH	<ul style="list-style-type: none"> ▪ Lemon Herb Chicken ▪ Mashed Potatoes ▪ Steamed Green Beans ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Beef Stir Fry with Fresh Veggies ▪ Steamed Brown Rice ▪ Oranges ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Cheese Raviolis with Marinara Sauce ▪ Steamed Carrots ▪ Oranges ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Chicken and Dumplings with Fresh Vegetables ▪ Steamed Cauliflower ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Homemade Tomato Soup ▪ Grilled Cheese Sandwich ▪ Steamed Peas ▪ Pears ▪ Organic Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> ▪ Rice Cakes ▪ Sun Butter ▪ Bananas ▪ Water 	<ul style="list-style-type: none"> ▪ Graham Crackers ▪ Cucumber Slices ▪ Water 	<ul style="list-style-type: none"> ▪ String Cheese ▪ Apples ▪ Water 	<ul style="list-style-type: none"> ▪ Whole Grain Vanilla Wafers ▪ Bananas ▪ Water 	<ul style="list-style-type: none"> ▪ Oatmeal Squares ▪ Cucumber Slices ▪ Water
TAKE HOME SNACK	<ul style="list-style-type: none"> ▪ Graham Crackers 	<ul style="list-style-type: none"> ▪ Nutrigrain Bar 	<ul style="list-style-type: none"> ▪ Oyster Crackers 	<ul style="list-style-type: none"> ▪ String Cheese 	<ul style="list-style-type: none"> ▪ Wheat Crackers

We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

