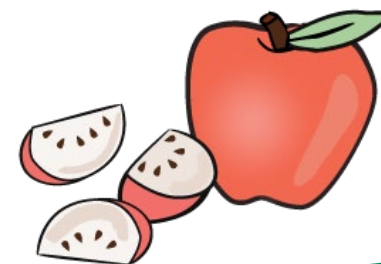


What's on the Menu?

	MONDAY 12/5	TUESDAY 12/6	WEDNESDAY 12/7	THURSDAY 12/8	FRIDAY 12/9
BREAKFAST	Bagels W/ Cream Cheese Oranges Milk/Water	Biscuit Turkey Sausage V-Veggie Sausage Grapefruit Milk/Water	English Muffin w/Apple Butter Applesauce Milk/Water	Waffles Turkey Bacon V-Veggie Sausage Blueberries Milk/Water	Corn Flakes Cereal Bananas Milk/Water
LUNCH	Pasta Alfredo Green Beans Pears Milk/Water	Turkey Slider V-Veggie Slider Vegetarian Baked Beans Peaches Milk/Water	Cheese Ravioli w/Marinara Sauce Peas and Carrots Apricot Milk/Water	Turkey Meatloaf V-Veggie Patty Brown Rice Broccoli Pineapple Milk/Water	Chicken Fettucine V-Veggie pasta Mixed Vegetables Tropical Fruit Milk/Water
AFTERNOON SNACK	Sweet Potato Crackers Applesauce Water	Pita Chips Hummus Water	Graham Crackers String Cheese Water	Yogurt Strawberries Water	Assorted Fruit Bars Water

 Vegetarian Alternative

 Substitute for Infants/Toddlers



- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
- ▶ 1% milk served to children 24 months and older
- ▶ All meals served family style

What's on the Menu?

	MONDAY 12/12	TUESDAY 12/13	WEDNESDAY 12/14	THURSDAY 12/15	FRIDAY 12/16
BREAKFAST	English Muffin w/ Jelly Peaches Milk/Water	Raisin Bread Turkey Bacon V-Veggie Sausage Blueberries Milk/Water	Turkey Sausage V-Veggie Sausage Cheese Toast Grapefruit Milk/Water	Pancakes Cinnamon Apple Milk/Water	Chex Bananas Milk/Water
LUNCH	Chicken Teriyaki V-Vegetarian Nuggets Rice Mixed Vegetable Pineapple Milk/Water	Grilled Cheese Sandwich Peas and Carrots Apricots Milk/Water	Shepherd's Pie w/ Ground Turkey V-Veggie crumble Shepherd's pie Pears Milk/Water	Veggie Alfredo Breadstick Oranges Milk/Water	Cheese Pizza Mexican Corn Tropical Fruit Milk/Water
AFTERNOON SNACK	Veggie Crackers Fruit Cup Water	Yogurt Graham Crackers Water	Fig Newton Applesauce Water	String Cheese Blueberries Water	Soy Butter and Jelly Sandwich Water

 Vegetarian Alternative

 Substitute for Infants/Toddlers



- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
1% milk served to children 24 months and older
- ▶ All meals served family style

What's on the Menu?

	MONDAY 12/19	TUESDAY 12/20	WEDNESDAY 12/21	THURSDAY 12/22	FRIDAY 12/23
BREAKFAST	Blueberry Muffin Applesauce Milk/Water	Turkey Sausage Toast Oranges Milk/Water	French Toast Sticks Cinnamon Apples Milk/Water	Cheerios Peaches Milk/Water	Center Closed
LUNCH	Chicken Stir Fry V-Vegetarian Stir Fry Rice Tropical Fruit Milk/Water	Turkey & Cheese Sandwich V-Grilled Cheese Green Beans Oranges Milk/Water	BBQ Meatballs V-Vegetarian Patty Mashed Potatoes Peas And Carrots Pineapple Milk/Water	Chicken Nuggets V-Vegetarian Nuggets Mixed Vegetables Pears Milk/Water	Center Closed
AFTERNOON SNACK	Cheese Crackers Fruit Cup Water	Animal Crackers Applesauce Water	Fig Newton Sliced Oranges Water	Fruit Bar Water	Center Closed

 Vegetarian Alternative

 Substitute for Infants/Toddlers



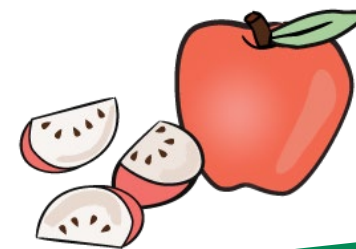
- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
- ▶ 1% milk served to children 24 months and older
- ▶ All meals served family style

What's on the Menu?

	MONDAY 12/26	TUESDAY 12/27	WEDNESDAY 12/28	THURSDAY 12/29	FRIDAY 12/30
BREAKFAST	Center Closed	Blueberry Muffins Peaches Milk/Water	Waffles Applesauce Milk/Water	French Toast Cinnamon Apples Milk/Water	Rice Crispy Bananas Milk/Water
LUNCH	Center Closed	Veggie Lasagna Bread Sticks Oranges Milk/Water	Turkey Spaghetti V-veggie spaghetti Green Beans Peaches Milk/Water	Cheese Pizza Mexican Corn Pineapple Milk/Water	Fish Nuggets V-Veggie Nuggets Sweet Potato Fries Pineapple Milk/Water
AFTERNOON SNACK	Center Closed	Spinach Dip Pita Bread Water	Graham Crackers String Cheese Water	Yogurt Blueberries Water	Assorted Fruit Bars Water

 Vegetarian Alternative

 Substitute for Infants/Toddlers



- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months
- ▶ 1% milk served to children 24 months and older
- ▶ All meals served family style