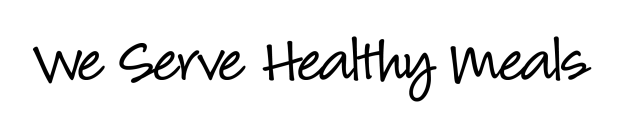
Bright Horizons at Capital City

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| WEEK 1  January 29- February 2  February 19- February 23 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| AM SNACK | Raisin Bagel with cream Cheese  Fresh Apples | Cereal  Raisins  Milk | Turkey Sausage Biscuit  Fresh Oranges  Milk | Cereal  Bananas  Milk | French Toast Casserole  Fresh Apples  Milk |
| LUNCH | Chicken Noodle Soup with veggies  Roll  Fresh Melon  Milk | Cheesy Turkey Marzetti  Mixed Vegetables  Baked Apples  Milk | Chicken Burrito w/ Brown Rice  Fiesta Corn with Black Beans  Mango & Berries  Milk | Macaroni & Cheese  Vegetable Medley  Fresh Watermelon  Milk | Turkey Meatballs  w/BBQ sauce  Garlic Bread Stick  Green Beans  Fresh Melon  Milk |
| PM SNACK | Zucchini Bread  Water | English Muffins & Wow Butter  Water | House Made Veggie Dip/Lil Carrots  Water | Graham Crackers/Berry  Yogurt  Water | Tortilla Scoops and Salsa  Water |



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* Whole Milk (Infant and Toddler) and 1% milk (preschool/K Prep) with AM snack and lunch
* Water served with PM snack and offered continually throughout the day

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| WEEK 3  January 22- January 26  February12- February 16 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| AM SNACK | Blueberry Bagels/Cream Cheese  Fresh Apples  Milk | Cereal  Raisins  Milk | Soft Breakfast Taco  Bananas  Milk | Cereal  Fresh Oranges  Milk | Yogurt w/ Tropical Fruit  Water |
| LUNCH | Cheeseburger & Bun  Picnic Baked Beans  Fresh Watermelon  Milk | Spaghetti &  Meatballs  Chopped Salad w/ Italian Dressing  Fresh Melon  Milk | Season Roasted Chicken Sandwich  Roasted Veggies  Fresh Strawberries  Milk | Grilled Cheese  Tomato Soup  Green Beans  Milk | Cheese Pizza  Pepperoni Slices  Vegetable Medley  Applesauce  Milk |
| PM SNACK | Fruit Scone  Water | Apple Wedges/Greek Yogurt Dip  Water | Graham Crackers  Cinnamon Applesauce  Water | Veggies/Lite Ranch Dip  Water | House Banana Muffins  Water |

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| WEEK 2  January 15- January 19  February 5-February 9 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| AM SNACK | Blueberry Mini Muffins  Fresh Oranges  Milk | Cereal  Raisins  Milk | Maple Oatmeal w/ Craisins  Fresh Apples  Milk | Cereal  Bananas  Milk | Biscuit  Baked Apples  Milk |
| LUNCH | Meatball Slider on French Roll  Sweet Potatoes  Fresh Watermelon  Milk | Cheese Pizza  Pepperoni Slices  Carrots  Mandarin Oranges  Milk | Turkey Soft Tacos  Cheese & Salsa  Fiesta Corn with Black Beans  Fresh Melon  Milk | Tortellini Casserole  Broccoli  Fresh Strawberries  Milk | Sweet & Sour Chicken  with Rice  Asian Blend Veggies  Pineapples & Mango  Milk |
| PM SNACK | Pita Triangles/Tropical Salsa  Water | House Made Trail Mix  Water | Pineapple  Cottage Cheese  Water | Yogurt with  Granola  Water | Wheat Crackers  & String Cheese  Water |