

# BRIGHT HORIZONS AT Military Trail

## From the Director

Happy New Year to You All.

Another year of exploration and discovery. Of growth and development. Of teaching and learning.

We don't need to make a new year's resolution because we are always committed to quality care and early education. We always want to anticipate your needs and meet or exceed them. The best way to do that is to keep communication flowing and this newsletter is one way to do that.

Please keep an eye out for important dates to remember as we endeavor to keep you abreast of the happenings here.

One thing we should talk about is the happy coexistence with the JFK Child Development Center. It appears that this arrangement will continue into the next 6 months although an end date has not yet been set. That means the specialty rooms- Yoga and Artare not available, however, it must be stressed that these activities are still continuing in the classrooms so that the children are not disadvantaged.

With best wishes for every success in the New Year

Adriana

# **Important Dates**

Parent Teacher Conferences 1/14-18

School Closed 1/21 Martin Luther King Jr.

Day

Tornado Drill 1/23

Parent Satisfaction Survey -

Open through January 31

## **Reasons to Celebrate**

The Outside STEM Lab

We have abundant equipment and loose parts to develop the children's interest in how things work.

Including water flow, ball run, cogs & gears





## Infant

This is exactly how infants explore their world – how an object feels in their mouth gives a child a sense of the properties of any item. They will also learn that pressure to the gums relieves some teething issues. An infant will mouth a toy for some time until it is passed over for something new and then be sanitized before returning to play!



# **Early Preschool**

Our outside STEM lab really sets the "cogs turning". Children can experiment with gears, water flow as well as gravity and balancing. This type of activity encourages a child to wonder "why" and "how" the world works.



## Preschool

Playgrounds are places that should inspire children to extend their learning – here the children are experimenting with their understanding of gravity and motion. Add a friend and the concept of velocity adds to the discovery



# Kindergarten-Prep

Getting to grips with measurement tools is part of school readiness. Working with a balance scale allows children to learn about the relationship between quantity and weight.

# **Giving Gifts from the Heart**

Have you considered that generosity is a learned behavior that delights the givers as well as the receivers? By making gifts and cards for others, children experience the intrinsic joy of giving something they have created.

It's easy for adults to decide what to make and which materials to use. But remember, this is an offering from children. Within the realm of available resources, help them develop their ideas. Inspire their thoughts about the recipient. "What do you think you'd like to make for Aunt Alice?" "What does she like to do?" Remember, it's what children create that counts; suggest they draw pictures and dictate their sentiments.

In addition to family and friends, think about people beyond those we typically hold near and dear to us. Cards, artwork, and crafts made by children are a heartfelt way to say you care and show appreciation to military personnel, firefighters, police officers, librarians, residents in nursing homes, and others in the community.

Children are very resourceful and might have their own ideas for gifts. Below are a few simple gift suggestions to consider:

#### Picture frames

Children glue four wooden tongue depressors together to make a frame and then decorate the frame with paint, and add recycled materials such as odd puzzle pieces, small pieces of paper or fabric, and twigs. Be aware of choking hazards with young children.

#### **Decorative boxes**

Children paint recycled or purchased wooden/cardboard boxes and then decoupage photographs from magazines or photos of themselves onto the surfaces.

#### **Sculptures**

Children can create sculptures using commercial or home-made clays, wood, or recycled objects. Be sure to have lots of glue on hand.

#### **Paper holders**

These might be as simple as finding a unique rock, painting it, and using glue to attach a clothespin. A second option is to glue wood scraps together, paint the sculpture and add one or two clothespins to the top.

#### **Planters**

Children paint pots and use Mod Podge (purchased at a craft shop) to attach colorful tissue paper (cut into small squares). Another option is to use photographs and pictures from magazines.

#### **Jewelry**

Children make necklaces or bracelets by stringing commercial or homemade beads. They can create pins by gluing found objects (such as loose puzzle pieces or Legos) to a pin back and painting over the creation.

# **2019 Parent Satisfaction Survey**

### We value your feedback!

Each year, we ask families to give us important feedback and opinions about our center. This information helps us assess our strengths, and identify areas for improvement. We are truly committed to providing the highest quality education for your child and we believe that every opinion counts.

The survey is available from January 2<sup>nd</sup> – 31<sup>st</sup>. Please take a few moments to share your thoughts!

brighthorizons.com/parentsurvey

# **Featured Parenting Podcast Episode**

**Building Your Parenting Village** 



Overwhelmed by working parenthood? Stop trying to do it all alone. "People say I need help, but I don't know where to get it," says our guest Daisy Dowling. Get Daisy's tips on who to ask for help, how to rally your village of volunteers, and why her secret isn't doing more — but getting more done.

**Ep. 22: Building Your Parenting Village** brighthorizons.com/bhpodcastep22

## **Bright Horizons at Military Trail**

7245 S. Military Trail, Lake Worth, FL, 33463 561-969-9025 | mili@brighthorizons.com Monday – Friday 06:30 a.m. to 06:30 p.m.











