

BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: July 29 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> Mini Bagel Cream Cheese Oranges Organic Milk Mandarin Oranges 	<ul style="list-style-type: none"> Corn Chex Apples Slices Organic Milk Diced Apples 	<ul style="list-style-type: none"> Potato Sausage Casserole Biscuit Pears Organic Milk 	<ul style="list-style-type: none"> Cheese Omelette Banana Organic Milk 	<ul style="list-style-type: none"> Apple Cinnamon Muffin Cantaloupe Organic Milk
TODDLER MORNING SNACK	<ul style="list-style-type: none"> Nutrigrain Bar Organic Milk 	<ul style="list-style-type: none"> Mini Bagel Cream Cheese Water 	<ul style="list-style-type: none"> Corn Chex Diced Apples Milk 	<ul style="list-style-type: none"> Biscuit Cheese Cubes Water 	<ul style="list-style-type: none"> Cheese Omelette Whole Wheat Toast Water
LUNCH	<ul style="list-style-type: none"> Chicken Alfredo w/egg Noodles Peas & Carrots Cantaloupe Organic Milk Soy Crumbles 	<ul style="list-style-type: none"> Ham and Cheese Sandwich Sweet Potato Fries Mango Organic Milk Grilled Cheese 	<ul style="list-style-type: none"> Chicken Tacos Tomato, Lettuce, Cheese, Cucumber Oranges Organic Milk Whole Wheat Tortilla/Cheese Quesadilla 	<ul style="list-style-type: none"> Macaroni & Cheese w/diced ham Green Beans Strawberries Organic Milk Mac & Cheese 	<ul style="list-style-type: none"> Turkey & Cheese Wrap Sliced Cucumbers Pears Organic Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> Applesauce Oyster Crackers Water 	<ul style="list-style-type: none"> Nutrigrain Bar Organic Milk 	<ul style="list-style-type: none"> Soft Pretzel Cheese Cubes Water 	<ul style="list-style-type: none"> Pita Bread Roasted Red-Pepper Hummus Water 	<ul style="list-style-type: none"> Veggie Bean Crackers Apple Sauce

* Infant/Toddler Alternative

* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

