

September 14, 2020 – Lynn Neu – the God Box

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When I wrote my book, I grappled with the question of “Does prayer work?” Short answers...yes, I do believe in miracles...and yes, I do trust the power of prayer. *Jesus I know you can do this. I know you have done this for others. I know you like to be asked. So, I’m asking, please heal me. Yes, I’ve been skeptical about miracles. ..., but I’ve never not trusted that you have power to heal. And so I’m asking, you, please heal me. I know you can do this. I know I have to participate. I’ll do my part. Promise.*

Something in me remembered David Steindlraast’s quote in my book to be still and still moving. *Be the miracle*, I wrote. *Be still and still moving....In the stillness, we feel God’s presence. The restlessness in us can rest; our thirsty soul is watered and refreshed. Remaining still, we gather courage; we know that God and others are with us. Still moving we do everything we can to participate in the miracle.*

At the end of that chapter on “Does Prayer Really Work?” I conclude: *My experiences say “yes!” I have found that as I pray and as others pray with me, something happens to me. I am not the same. I am less afraid, more trusting; less anxious, more positive; less concerned about tomorrow, more interested in today. I find relief. I relax. I breathe easier. I experience hope. I keep moving. Prayer works in all these miraculous ways. I don’t need to control the results; nor do I need to be controlled by circumstances. I trust that in God, all will be well. That to me is powerful. That, to me, is the way prayer works.*

I am reminded again to *be still and still moving...Remaining still, we gather courage; we know that God and others are with us. Still moving we do everything we can to participate in the miracle.* I beg of you to pray, study, and act. Dear God: *I know you can do this. I know I have to participate. I’ll do my part. Promise.*