

## ROZVRH LEKCÍ

| PONDĚLÍ                                              | ÚTERÝ                                                    | STŘEDA                                                | ČTVRTEK                                                  | PÁTEK                                                 | SOBOTA                                         | NEDĚLE |
|------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------|------------------------------------------------|--------|
| 7:00 - 8:00<br><b>BODYPUMP</b><br>Alena Zikmundová   | 7:00 - 8:00<br><b>BODYBALANCE</b><br>Slávka Stretavská   |                                                       | 7:00 - 8:00<br><b>BODYPUMP</b><br>Milan Tešný            |                                                       |                                                |        |
|                                                      |                                                          |                                                       |                                                          |                                                       | 9:30 - 10:30<br><b>BODYPUMP</b><br>Milan Tešný |        |
|                                                      |                                                          |                                                       |                                                          |                                                       |                                                |        |
| 17:00 - 18:00<br><b>BODYCOMBAT</b><br>Pavla Carlsson | 17:00 - 18:00<br><b>BODYPUMP</b><br>Eva T./Alžběta S.    | 17:00 - 18:00<br><b>BODYCOMBAT</b><br>Blanka Švarcová | 17:00 - 18:00<br><b>BODYPUMP</b><br>Kristýna Stupková    | 17:00 - 17:30<br><b>LES MILLS CORE</b><br>Michal Šubr |                                                |        |
| 18:05 - 19:05<br><b>BODYPUMP</b><br>Pavla Carlsson   | 18:10 - 19:10<br><b>BODYBALANCE</b><br>Eva T./Alžběta S. | 18:05 - 19:05<br><b>BODYATTACK</b><br>Jiří Zikmund    | 18:10 - 19:10<br><b>BODYBALANCE</b><br>Kristýna Stupková | 17:35 - 18:35<br><b>SH'BAM</b><br>Michal Šubr         |                                                |        |
|                                                      |                                                          |                                                       |                                                          |                                                       |                                                |        |