



Bright Horizons

Spring/Summer Menus

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Cereal Fruit Milk	Turkey Sausage Biscuit/ Fruit Milk	Scrambled Eggs Wheat Toast/ Fruit Milk	Pancakes Warm Strawberries Milk	Bagels /w Apple Butter Fruit Milk
Cheese Pizza Potato Wedges Fruit Milk	Chicken Fettucine Peas & Carrots Fruit Milk	Beefaroni Green Beans Wheat Bread Fruit Milk	Refried Beans and Cheese w/ wheat Tortilla Lettuce & Tomato (Broccoli) Fruit Milk	Tuna Sandwiches Sweet Potato wedges Fruit Milk
Graham Cracker 100% Fruit Juice	Muffin Wafers	Yogurt w/ Fruit	Strudel Milk	Honey Dew Wheat Crackers
Cheese Grits Wheat Toast Fruit / Milk	Hash Brown w/ Diced Turkey Ham Fruit / Milk	Whole Grain Cereal Fruit Milk	Muffin Fruit Milk	Vegetarian Sausage / Biscuit w/Fruit Milk
Veggie Lasagna Glazed Carrots Fruit Milk	Chicken & Rice w/ Broccoli & Cheese Casserole Fruit Milk	Cheese Ravioli w/ Tomato Sauce Green Beans Rolls Fruit/Milk	Dice Chicken on Wheat Tortilla w/ Lettuce & Tomato and Sour Cream (peas) Fruit/Milk	Beef Patty w/ Cheese Wheat Bun Potato Wedges Fruit Milk
String Cheese Graham Crackers	Apple Muffin 100% Fruit Juice	Fruit Bars Milk	Banana yogurt	Crackers Milk
Butter Biscuit w/ jelly Egg Fruit Milk	Wheat Cheese Toast Fruit Milk	Whole Grain Cereal Fruit Milk	Cheese Grits Wheat Toast Milk	Whole Grain Waffles Fruit Milk
Vegetarian Nuggets Vegetarian Baked Beans Wheat Roll Fruit Milk	Chicken & Dumpling Peas Fruit Milk	Cheese Pizza Mixed vegetable Fruit Milk	Ground Turkey & Cheese Wheat Tortilla Lettuce & Tomato w/ sour Cream(Broccoli) Fruit Milk	Chicken Patty w/BBQ sauce Wheat Bun Corn Fruit Milk
Cheese cubes Wheat Cracker	Yogurt w/ Fruit	Graham Crackers 100% Fruit Juice	Blueberry Muffin Milk	Cantaloupe Wafers
Pancake Fruit Milk	Turkey Sausage Biscuit w/ Fruit Milk	Whole Grain Cereal Fruit Milk	Cheese Eggs Wheat Toast w/Fruit Milk	English muffin w/ Apple Butter Fruit / Milk
Cheese Lasagna Mixed vegetable Garlic Bread Fruit Milk	Chicken Salad Peas Sliced Wheat Bread Fruit Milk	Spaghetti w/ Meatball Green Beans Fruit Milk	Turkey and Cheese w/ Wheat Tortilla Sliced Cucumber& Tomato(Broccoli) Fruit Milk	Sloppy Joe on Wheat Bun Potato Wedges Fruit Milk
Wheat Wafers Yogurt	Bran Muffins Milk	Fruit Strudel Milk	Wafers Banana	Watermelon Wheat Crackers