

BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: Jan. 21st	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> Whole Wheat Waffle Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Mini Bagel Cream Cheese Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Cheerios Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Egg Patty Biscuit Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Blueberry Muffin Fresh Fruit Organic Milk
TODDLER MORNING SNACK	<ul style="list-style-type: none"> Corn Bread Muffin Organic Milk 	<ul style="list-style-type: none"> Cheese & Tortilla Roll-up 	<ul style="list-style-type: none"> Whole Wheat Waffle Fresh Fruit 	<ul style="list-style-type: none"> Cheerios Milk 	<ul style="list-style-type: none"> Mini Bagel Cream Cheese
LUNCH	<ul style="list-style-type: none"> Sloppy Joe Sandwich Sweet Potato Fries Fresh Fruit Organic Milk V: Veggie Patty Sandwich 	<ul style="list-style-type: none"> Grilled Chicken Nuggets Vegetarian Beans Fresh Fruit Organic Milk V: Cheese Sandwich 	<ul style="list-style-type: none"> Grilled Cheese Sandwich Roasted Broccoli Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Chicken Alfredo Egg Noodles Peas and Carrots Fresh Fruit Organic Milk V: Egg Noodles with Alfredo Sauce 	<ul style="list-style-type: none"> Turkey Meatball Sub Sandwich Green Beans Fresh Fruit Organic Milk V: Veggie Patty
AFTERNOON SNACK	<ul style="list-style-type: none"> Very Berry Snack Cake Fresh Fruit 	<ul style="list-style-type: none"> String Cheese Wheat Crackers I/T: Sliced Cheese 	<ul style="list-style-type: none"> Nutrigrain Bar Organic Milk 	<ul style="list-style-type: none"> Homemade Blueberry Snack Cake Fresh Fruit 	<ul style="list-style-type: none"> Soft Pretzel Cheese Sauce

* Infant/Toddler Alternative

* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

