

Bright Horizons at Wheaton News

Congratulations 2018 Kindergarten Prep Graduates

We would like to wish all of our Kindergarten Prep graduates the best as they move on to Kindergarten. We will miss all of you. Congratulations!



Important Dates

July 4th- Center Closed for Independence Day

July 12th- Family BBQ 4:30-7:30

September 3rd- Center Closed for Labor Day

Information, including date and time, regarding our send of summer bash will be available soon.

July Menus

July 2nd-6th

July 9th-13th

July 16th-20th

July 23rd-27th

July 30th-August 3rd

Bright Horizons at Wheaton

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CLASSROOM HIGHLIGHTS

Infant

Language Works: Early Literacy

We learn to explore picture books. We learn it by having daily access to age-appropriate books. The children in our infant classrooms enjoy looking at picture books as well as hearing books read aloud.



Toddler

Well Aware: Nutrition

We learn to understand and identify healthy foods and where they come from. We learn it by enjoying dramatic play activities in the kitchen. While “dining” in dramatic play, the toddlers discussed the different foods and served healthy foods to each other.



Twos

Math Counts: Classification

We learn to identify similar items from a variety of objects. We learn it by playing sorting games. The children in Young Preschool practiced classifying by color.



Preschool

Well Aware: Healthy and Safety, Motor and Fitness

We learn to adhere to safety rules. We learn it by discussing bike safety and using what we learned while participating in bike day. The preschool children are strengthening and refining their large muscle skills while enjoying riding bikes and scooters.



Kindergarten Prep

Math Counts: Numerical Operations

We learn to demonstrate knowledge of numerical order and represent numbers on a ten frame. We learn it by playing matching games with numbers and ten frames.



READY FOR SCHOOL NEWS

Family Traditions Celebrate Life!

Regardless of the size of your family, traditions are a meaningful way to create cohesiveness, forge fond memories, and celebrate life. Meg Cox, the author of *The Book of New Family Traditions*, defines family traditions as “any activity you purposefully repeat together as a family that includes heightened attentiveness and something extra that lifts it above the ordinary ruts.”

Many of us smile when we think about our childhood traditions. We might remember Sunday afternoon walks, game or movie nights, holiday preparations, special family hugs, or a secret family handshake. Often the activity is secondary; it's the being together and sharing a custom that lives in our hearts.

Below are a few ideas for fun family traditions that you can start this year.

Commemorate a special day by planting a tree.

Be it Thanksgiving, Earth Day, or to celebrate a holiday, planting a tree together connects us to nature, and produces an everlasting keepsake. Think of the library you can create by videoing and discussing the experience.

Designate a game night.

A weekly game night brings everyone together for relaxed fun. Game suggestions include Apples to Apples Junior; Don't Wake Daddy; Bingo; Dr. Seuss Cat in the Hat; and Guess Who? You might play action games, such as Charades, Twister, Hide and Seek, and Freeze Tag.

Compose family newsletters.

Rather than adults writing an annual letter, all family members can participate by talking about their year. Young children might depict their news by drawing, painting, and taking photographs.

Connect with residents in a nursing home.

Developing a relationship with people in a nursing home enriches the lives of the residents, makes your family feel good, and helps raise children with grateful hearts. Perhaps plan monthly visits and share stories, make cards, bake treats, or simply sit and hold someone's hand.

As you plan the tradition, eliminate distractions, and reserve the time as you would any meaningful activity. Remember that family traditions are about enjoying time together. As Michael J. Fox says, “Family is not an important thing. It's everything.”

BRIGHT HORIZONS NEWS

Lemons to Lemonade with Four Ingredients

Need help taming your child's tantrums? Turn those parenting lemons into lemonade!

It might not seem like it, but your child is more predictable than you think—and each stage of your child's development, along with every meltdown, is a gateway to skill-building for your little one.

Hear from early childhood experts Ellen Galinsky, the Chief Science Officer at the Bezos Family Foundation and Executive Director at Mind in the Making, and Rachel Robertson, the Education and Development Vice President at Bright Horizons, as they discuss common parenting challenges and the science behind parenting that can turn frustration into great skills for life.

You can subscribe to the Bright Horizons Family Matters Podcast through iTunes, Google Play Music, SoundCloud, Stitcher Radio, and RSS. Learn more by visiting the link below.



Podcast: Lemons to Lemonade with Four Ingredients

brighthouse.com/lemonstolemonade



Check out all the places you can connect with us!