




R. Kirk Landon Learning Center

July 2018 Menu



Monday 7/2/18	Tuesday 7/3/18	Wednesday 7/4/18	Thursday 7/5/18	Friday 7/6/18
French Toast Sticks Chicken Bacon Strawberries & Blueberries Milk	Cheerios Cereal Bananas Milk	Independence Day Center Closed 	Chicken Biscuits Grapefruit Milk	Oatmeal Mandarins Milk
Turkey Spaghetti Vegetable Blend Oranges Garlic Bread Milk	Chicken & Rice Casserole Broccoli Watermelon Berry Mix Wheat Rolls Milk		Turkey Stroganoff Corn Pineapples & Raspberries Wheat Rolls Milk	Pulled BBQ Chicken Sandwiches Peas & Carrots Sweet Potato Fries Fruit Salad Milk
Salsa Tortilla Chips / Pita Bread Water	Mango Berry Smoothie Wheat Crackers Milk		Sun Butter Ritz Crackers Water	Trail Mix Milk

Monday 7/9/18	Tuesday 7/10/18	Wednesday 7/11/18	Thursday 7/12/18	Friday 7/13/18
Pancakes Turkey Sausage Strawberries & Blueberries Milk	English Muffins Boiled Eggs Bananas Milk	Cinnamon Toast Chicken Bacon Mangos Milk	Cheerios Cereal Grapefruit Milk	Turkey Ham & Cheese Quiche Mandarins Milk
Madi Gras Pasta Broccoli & Cauliflower Oranges Wheat Rolls Milk	Turkey Tacos Soft Tortilla Lettuce/Cheese Sour Cream / Black Beans Watermelon Berry Mix Milk	Chicken Parmesan Corn Apples Wheat Rolls Milk	Garlic & Herb Salmon Asparagus Pineapples & Raspberries Wild Rice Milk	Sloppy Joes Potato Wedges Corn Fruit Salad Milk
Cheese Cubes Wheat Crackers Milk	Salsa Tortilla Chips Water	Carrots & Celery Ranch Dip Water	Yogurt Blueberries Water	Blueberry Muffins Milk

Monday 7/16/18	Tuesday 7/17/18	Wednesday 7/18/18	Thursday 7/19/18	Friday 7/20/18
Turkey Sausage Croissants Strawberries & Blueberries Milk	Strawberry Waffles Bananas Milk	Chicken Bacon Bagels w/ Cream Cheese Mango's Milk	Cheese Omelet Wheat Toast Grapefruit Milk	Oatmeal Mandarins Milk
Baked Chicken Thighs Baked Beans Mix Vegetables Oranges Corn Muffins Milk	Spaghetti w/ Turkey Meatballs Green Beans Watermelon Berry Mix Breadsticks Milk	Fish Tacos Lettuce/Tomatoes Cheese/Sour Cream Corn Apples Soft Tortilla Milk	Chicken & Spinach Pizza Flatbread Broccoli Pineapples & Raspberries Milk	Cheese Ravioli w/ Marinara Corn Fruit Salad Breadsticks Milk
Cheese Sticks Wheat Crackers Water	Homemade Trail Mix Milk	Banana Muffins Milk	Graham Crackers Bananas Milk	Hummus Pita Bread Water

Menus subject to change upon availability of products. Canned fruit is served in its own juice. Water is offered daily.
Whole Milk is served to Toddlers. 1% Milk is served to all other age groups.



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July 2018 Menu



Monday 7/23/18	Tuesday 7/24/18	Wednesday 7/25/18	Thursday 7/26/18	Friday 7/27/18
Pancakes Strawberries & Blueberries Milk	Chicken Nuggets Waffles Bananas Milk	Yogurt English Muffins Mango's Milk	Cheese Grits Grapefruit Milk	Chex Cereal Mandarins Milk
Chicken Quesadilla Black Beans Oranges Fiesta Rice Milk	BBQ Chicken Legs Steamed Cabbage Candied Yams Watermelon Berry Mix Corn Muffins Milk	Blackened Fish Herb Roasted Potatoes Broccoli Apples Milk	Chicken Stir Fry Oriental Vegetables Pineapples & Raspberries Vegetable Spring Rolls Milk	Sloppy Joes Potato Wedges Corn Fruit Salad Milk
Yogurt Graham Crackers Milk	Breadsticks Marinara Water	Strawberry Smoothies Graham Crackers Milk	Trail Mix Milk	Ritz Crackers Cube Cheese Water

Monday 7/30/18	Tuesday 7/31/18
Grits Strawberries & Blueberries Milk	Cheese Eggs Turkey Sausage Mango's Milk
Grilled Chicken Baked Potato Cheese/Sour Cream Broccoli Fruit Salad Milk	Baked Tilapia Mashed Potatoes Sweet Peas Apples Milk
Carrots & Celery Ranch Dip Water	Peaches & Cream Muffins Milk

Vegetarian Substitution:

Tofu, veggie sausage, soy chicken nuggets, or beans will be substituted for any menu item that is not allowed for vegetarians. Please let your child's teacher and a member of management know if this is the option for your child.



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