

New Generations Child Development Center

Menu for January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	<u>Morning Snack</u> Rice Krispy Cereal Blueberries <u>Lunch</u> Chicken and Dumpling Mixed Vegetables Sliced Peaches <u>3pm Snack</u> Graham Crackers Cream Cheese <u>5pm Snack</u> Peaches Wheat Crackers	<u>Morning Snack</u> Apple Cinnamon Muffins Pears <u>Lunch</u> Turkey Sandwiches Sweet Potato Fries Mixed Fruit <u>3pm Snack</u> Spinach Dip Wheat Thins <u>5pm Snack</u> Sliced Apples Pita Bread	<u>Morning Snack</u> Oatmeal Peaches <u>Lunch</u> Spaghetti w/ Meat Sauce Green Beans Apricots <u>3pm Snack</u> Dried Fruit Crackers <u>5pm Snack</u> Cheese Sticks Wheat Crackers	<u>Morning Snack</u> Bagels and Cream Sliced Apples <u>Lunch</u> Cheese Pizza Tossed Salad Sliced Oranges <u>3pm Snack</u> Guacamole Crackers <u>5pm Snack</u> Bananas Rice Cakes
8	9	10	11	12
<u>Morning Snack</u> Cream of Wheat Blueberries <u>Lunch</u> Turkey Slider Burgers Sweet Potato Fries Applesauce <u>3pm Snack</u> Honeydew Crackers <u>5pm Snack</u> Hummus Crackers	<u>Morning Snack</u> Corn Flakes Bananas <u>Lunch</u> Mac and Cheese Green Beans Peaches <u>3pm Snack</u> Sliced Oranges Veggie Sticks <u>5pm Snack</u> Graham Crackers Cream Cheese	<u>Morning Snack</u> Bran Muffins Sliced Apples <u>Lunch</u> Black Beans and Rice Cornbread Pineapples <u>3pm Snack</u> Apple Butter Bread Squares <u>5pm Snack</u> Pears Wheat Crackers	<u>Morning Snack</u> Buttered Grits Sausages <u>Lunch</u> Meatloaf Broccoli Mangos <u>3pm Snack</u> Sweet Potato Chips Sliced Oranges <u>5pm Snack</u> Cheese Sticks Veggie Chips	<u>Morning Snack</u> Bagels and Cream Cheese Pineapples <u>Lunch</u> Turkey Sandwiches Carrots Sliced Oranges <u>3pm Snack</u> Wheat Thins Guacamole <u>5pm Snack</u> Pirate Puffs Fruit Salad
15	16	17	18	19
<u>Morning Snack</u> Rice Krispy Cereal Sliced Oranges <u>Lunch</u> Chicken Fajita Corn Cantaloupe <u>3pm Snack</u> Honeydew Wheat Crackers <u>5pm Snack</u> Peaches Sweet Potato Chips	<u>Morning Snack</u> Oatmeal Blueberries <u>Lunch</u> Chicken Chili Corn Muffins Mixed Fruit <u>3pm Snack</u> Salsa Pita Bread <u>5pm Snack</u> Pineapples Crackers	<u>Morning Snack</u> Raisin Toast Apricots <u>Lunch</u> Grilled Cheese Green Peas Applesauce <u>3pm Snack</u> Graham Crackers Cream Cheese <u>5pm Snack</u> Pears Wheat Thins	<u>Morning Snack</u> Biscuits Scrambled Eggs <u>Lunch</u> Butter Squash Ravioli Mixed Vegetables Mandarin Oranges <u>3pm Snack</u> Blueberry Muffins Applesauce <u>5pm Snack</u> Hummus Wheat Crackers	<u>Morning Snack</u> Corn Flakes Sliced Apples <u>Lunch</u> BBQ Chicken w/ Whole Wheat Buns Cole Slaw Peaches <u>3pm Snack</u> Rice Cakes Bananas <u>5pm Snack</u> Pirate Puffs Honeydew
22	23	24	25	26
<u>Morning Snack</u> Waffles Blueberries <u>Lunch</u> Chicken and Rice Casserole Green Beans Honeydew <u>3pm Snack</u> Graham Crackers Cream Cheese <u>5pm Snack</u> Pirate Puffs Mixed Fruit	<u>Morning Snack</u> Cheese Grits Sausages <u>Lunch</u> Turkey Tacos Tossed Salad Applesauce <u>3pm Snack</u> Dried Mixed Fruit Crackers <u>5pm Snack</u> Veggie Sticks Honeydew	<u>Morning Snack</u> Cheerios Sliced Apples <u>Lunch</u> BBQ Meatballs Broccoli and Cauliflower Cantaloupe <u>3pm Snack</u> Guacamole Wheat Crackers <u>5pm Snack</u> Yogurt Granola	<u>Morning Snack</u> Cinnamon Toast Sliced Oranges <u>Lunch</u> Chicken Fettuccine w/ Vegetables Wheat Breadsticks Pineapples <u>3pm Snack</u> Hummus Wheat Crackers <u>5pm Snack</u> Sliced Oranges Pirate Puffs	<u>Morning Snack</u> Bagels and Cream Cheese Bananas <u>Lunch</u> Turkey Cheese Wraps Sweet Potato Cubes Sliced Oranges <u>3pm Snack</u> Bread Squares Apple Butter <u>5pm Snack</u> Sweet Potato Chips Pineapple Cups
29	30	31		
<u>Morning Snack</u> Oatmeal Blueberries <u>Lunch</u> Vegetable Soup Grilled Cheese Sliced Peaches <u>3pm Snack</u> Bananas Crackers <u>5pm Snack</u> Applesauce Sweet Potato Chips	<u>Morning Snack</u> English Muffins Egg Rounds <u>Lunch</u> Salisbury Steak Brown Gravy Peas and Carrots Fruit Salad <u>3pm Snack</u> Pretzels Sliced Apples <u>5pm Snack</u> Mandarin Oranges Pirate Puffs	<u>Morning Snack</u> Pancakes Sliced Peaches <u>Lunch</u> Teriyaki Chicken w/ Vegetables Brown Rice Sliced Apples <u>3pm Snack</u> Cheese Cubes Pita Bread <u>5pm Snack</u> Graham crackers Yogurt	<p style="text-align: center;"> <i>Milk served with Morning Snack (Breakfast) and Lunch...</i> <i>Organic Whole Milk- Infants and Toddlers</i> <i>Organic and/or Hormone-Free 1% Milk- Twos & Up</i> <i>Water served with PM Snacks.</i> </p>	

