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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **28** | **29** | **30** | **31** | **1****Breakfast:****Sausage, Egg & Cheese Breakfast Sandwich** **w/ Apple Sauce****Lunch:****Baked Chicken**  **Over Rice w/****Green Beans****Dinner Rolls****Honeydew Melon****PM Snack:****Fruit Bar****w/Vanilla Yogurt** |
| **4****Breakfast:****Corn flakes****w/ Blueberries****Lunch:****Baked Lemon Pepper Chicken****Sweet Potatoes** **Broccoli** **Peaches****PM Snack:****Sunflower Butter****w/ Bananas** | **5****Breakfast:****Warm Banana Muffin w/ Applesauce****Lunch:****Sliced Turkey****w/ Steamed Cabbage****Cornbread Muffin****Fresh Oranges****PM Snack:****Wheat Crackers****String Cheese** | **6****Breakfast:****Pancakes & Turkey Sausage****w/ Fresh Pears****Lunch:****Turkey Meat Loaf** **w/ Gravy****Roasted Potatoes** **Green Peas****Pear Halves****PM Snack:****Spinach Artichoke Dip****w/Toasted Pita Points** | **7****Breakfast:****Oatmeal****w/ Strawberries****Lunch:****Chicken & Rice****Green Beans** **Sliced Apples****PM Snack:****Granola****w/Vanilla Yogurt** | **8****Breakfast:****Bagels** **& Cream Cheese****w/Peaches****Lunch:****Spaghetti** **w/ Meat Sauce****Roasted Corn** **Fruit Medley****PM Snack:****Pineapples****Vanilla Wafers** |
| **11****Breakfast:****Rice Crispies** **w/ Strawberries****Lunch:****BBQ Chicken****Mashed Potatoes****Normandy Blend****Tropical Fruit****PM Snack:****Trail mix****Apricot Halves** | **12****Breakfast:****Grits and Turkey Sausage****w/ Cantaloupe Melon****Lunch:****Turkey Burgers****w/Fries****Rutabaga****Fresh Oranges****PM Snack:****Graham Crackers****Apple Sauce** | **13****Breakfast:****Turkey Canadian Bacon &****Cheese English Muffin****w/Fresh Apples****Lunch:****Vegetarian Lasagna**  **w/Roasted Carrots****Dinner Rolls****Diced Mangos****PM Snack:** **Fresh Pears w/ Yogurt** | **14****Breakfast:****Cream of Wheat****w/ Peaches****Lunch:****Baked Fish****w/ Rice Pilaf and** **Green Beans****Sliced Pineapples****PM Snack:****String Cheese****w/ Wheat Crackers** | **15****Breakfast:****Waffle Sticks**  **w/ Mixed Berries****Lunch:****Cheese Tortellini** **w/ Rosemary Roasted Tomatoes** **Honeydew Melon****PM Snack:****Guacamole****w/ Wheat Crackers** |
| **18****Breakfast:****Cheerios****w/ Bananas****Lunch:****Chicken Teriyaki** **Over Rice & Vegetables** **Pineapple Tidbits****PM Snack:****Graham Crackers****w/ Peaches** | **19****Breakfast:****Biscuits****Turkey Sausage****w/ Fresh Apples****Lunch:****Chili Con Carne****Corn Muffins****w/ Pears****PM Snack:****Vanilla Wafers****w/ Fresh Oranges** | **20****Breakfast:****Cream of Wheat****w/Mixed Berries****Lunch:****Turkey Ham & Cheese Pinwheels** **w/ Tropical Fruit****PM Snack:****Baked Pita points****w/ Salsa** | **21****Breakfast:****French Toast****w/ Strawberries****Lunch:****Potato Leek Soup****w/ Green Beans****& Oyster Crackers****w/ Peaches****PM Snack:****Bread Sticks w/****Marinara** | **22****Breakfast:****Blueberry Muffin****w/ Honeydew Melon****Lunch:****Chicken, Broccoli & Rice Casserole****w/ Apricots****PM Snack:****Sunflower Butter Bars w/ Mixed Fruit** |
| **25****Breakfast:****Rice Chex****w/ Bananas****Lunch:****BBQ Chicken Sliders****Roasted Potatoes****w/ Sweet Peas****Peaches****PM Snack:****Vanilla Wafers****Yogurt** | **26****Breakfast:****Grits and Turkey Sausage****w/Fresh Oranges****Lunch:****Chicken Alfredo w/Broccoli** **PM Snack:****Hummus &** **Pita Bread** | **27****Breakfast:****Oatmeal****w/ Mixed Berries****Lunch:****Grilled Cheese and Tomato Basil Soup****w/ Fresh Melons****PM Snack:****Mixed Berry Parfait** | **28****Breakfast:****Turkey Bacon Egg****and Cheese****Bagels w/Pears****Lunch:****Ground Turkey Soft Tacos** **& Rice and Red Beans****w/ Pineapples****PM Snack:****Banana Muffin****w/ Strawberries** |  |

**LAA serves whole milk to children less than two years of age and 1% milk to children over two years of age.**

**Milk is served at AM snack and lunch. Water is served at PM snack**

Little Apron Academy ~ February 2019 Menu