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| **MONDAY** | | **TUESDAY** | | **WEDNESDAY** | | **THURSDAY** | | **FRIDAY** | |
| **28** | | **29** | | **30** | | **31** | | **1**  **Breakfast:**  **Sausage, Egg & Cheese Breakfast Sandwich**  **w/ Apple Sauce**  **Lunch:**  **Baked Chicken**  **Over Rice w/**  **Green Beans**  **Dinner Rolls**  **Honeydew Melon**  **PM Snack:**  **Fruit Bar**  **w/Vanilla Yogurt** | |
| **4**  **Breakfast:**  **Corn flakes**  **w/ Blueberries**  **Lunch:**  **Baked Lemon Pepper Chicken**  **Sweet Potatoes**  **Broccoli**  **Peaches**  **PM Snack:**  **Sunflower Butter**  **w/ Bananas** | | **5**  **Breakfast:**  **Warm Banana Muffin w/ Applesauce**  **Lunch:**  **Sliced Turkey**  **w/ Steamed Cabbage**  **Cornbread Muffin**  **Fresh Oranges**  **PM Snack:**  **Wheat Crackers**  **String Cheese** | | **6**  **Breakfast:**  **Pancakes & Turkey Sausage**  **w/ Fresh Pears**  **Lunch:**  **Turkey Meat Loaf**  **w/ Gravy**  **Roasted Potatoes**  **Green Peas**  **Pear Halves**  **PM Snack:**  **Spinach Artichoke Dip**  **w/Toasted Pita Points** | | **7**  **Breakfast:**  **Oatmeal**  **w/ Strawberries**  **Lunch:**  **Chicken & Rice**  **Green Beans**  **Sliced Apples**  **PM Snack:**  **Granola**  **w/Vanilla Yogurt** | | **8**  **Breakfast:**  **Bagels**  **& Cream Cheese**  **w/Peaches**  **Lunch:**  **Spaghetti**  **w/ Meat Sauce**  **Roasted Corn**  **Fruit Medley**  **PM Snack:**  **Pineapples**  **Vanilla Wafers** | |
| **11**  **Breakfast:**  **Rice Crispies**  **w/ Strawberries**  **Lunch:**  **BBQ Chicken**  **Mashed Potatoes**  **Normandy Blend**  **Tropical Fruit**  **PM Snack:**  **Trail mix**  **Apricot Halves** | | **12**  **Breakfast:**  **Grits and Turkey Sausage**  **w/ Cantaloupe Melon**  **Lunch:**  **Turkey Burgers**  **w/Fries**  **Rutabaga**  **Fresh Oranges**  **PM Snack:**  **Graham Crackers**  **Apple Sauce** | | **13**  **Breakfast:**  **Turkey Canadian Bacon &**  **Cheese English Muffin**  **w/Fresh Apples**    **Lunch:**  **Vegetarian Lasagna**  **w/Roasted Carrots**  **Dinner Rolls**  **Diced Mangos**  **PM Snack:**  **Fresh Pears w/ Yogurt** | | **14**  **Breakfast:**  **Cream of Wheat**  **w/ Peaches**  **Lunch:**  **Baked Fish**  **w/ Rice Pilaf and**  **Green Beans**  **Sliced Pineapples**  **PM Snack:**  **String Cheese**  **w/ Wheat Crackers** | | **15**  **Breakfast:**  **Waffle Sticks**  **w/ Mixed Berries**  **Lunch:**  **Cheese Tortellini**  **w/ Rosemary Roasted Tomatoes**  **Honeydew Melon**  **PM Snack:**  **Guacamole**  **w/ Wheat Crackers** | |
| **18**  **Breakfast:**  **Cheerios**  **w/ Bananas**  **Lunch:**  **Chicken Teriyaki**  **Over Rice & Vegetables**  **Pineapple Tidbits**  **PM Snack:**  **Graham Crackers**  **w/ Peaches** | | **19**  **Breakfast:**  **Biscuits**  **Turkey Sausage**  **w/ Fresh Apples**  **Lunch:**  **Chili Con Carne**  **Corn Muffins**  **w/ Pears**  **PM Snack:**  **Vanilla Wafers**  **w/ Fresh Oranges** | | **20**  **Breakfast:**  **Cream of Wheat**  **w/Mixed Berries**  **Lunch:**  **Turkey Ham & Cheese Pinwheels**  **w/ Tropical Fruit**  **PM Snack:**  **Baked Pita points**  **w/ Salsa** | | **21**  **Breakfast:**  **French Toast**  **w/ Strawberries**  **Lunch:**  **Potato Leek Soup**  **w/ Green Beans**  **& Oyster Crackers**  **w/ Peaches**  **PM Snack:**  **Bread Sticks w/**  **Marinara** | | **22**  **Breakfast:**  **Blueberry Muffin**  **w/ Honeydew Melon**  **Lunch:**  **Chicken, Broccoli & Rice Casserole**  **w/ Apricots**  **PM Snack:**  **Sunflower Butter Bars w/ Mixed Fruit** | |
| **25**  **Breakfast:**  **Rice Chex**  **w/ Bananas**  **Lunch:**  **BBQ Chicken Sliders**  **Roasted Potatoes**  **w/ Sweet Peas**  **Peaches**  **PM Snack:**  **Vanilla Wafers**  **Yogurt** | | **26**  **Breakfast:**  **Grits and Turkey Sausage**  **w/Fresh Oranges**  **Lunch:**  **Chicken Alfredo w/Broccoli**  **PM Snack:**  **Hummus &**  **Pita Bread** | | **27**  **Breakfast:**  **Oatmeal**  **w/ Mixed Berries**  **Lunch:**  **Grilled Cheese and Tomato Basil Soup**  **w/ Fresh Melons**  **PM Snack:**  **Mixed Berry Parfait** | | **28**  **Breakfast:**  **Turkey Bacon Egg**  **and Cheese**  **Bagels w/Pears**  **Lunch:**  **Ground Turkey Soft Tacos**  **& Rice and Red Beans**  **w/ Pineapples**  **PM Snack:**  **Banana Muffin**  **w/ Strawberries** | |  | |

**LAA serves whole milk to children less than two years of age and 1% milk to children over two years of age.**

**Milk is served at AM snack and lunch. Water is served at PM snack**

Little Apron Academy ~ February 2019 Menu