

# What's on the Menu?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Center Closed Happy Memorial Day	Warm Oatmeal Apples Organic Milk	Warm English Muffin Homemade Jam Bananas Organic Milk	Whole Wheat Waffle Turkey Sausage Patty Pears Organic Milk	Cheerios Bananas Organic Milk
LUNCH	Center Closed Happy Memorial Day	Homemade Chicken Potpie Steamed Cauliflower Oranges Organic Milk  Sub: Veggie Chicken Potpie	Cheese Tortellini Bake Steamed Carrots Pears Organic Milk	Shepard's Pie Steamed Green Beans Oranges Organic Milk  Sub: Veggie Shepard's Pie	Teriyaki Chicken with Fresh Veggies Steamed Brown Rice Pears Organic Milk  Sub: Veggie Teriyaki Chicken
AFTERNOON SNACK	Center Closed Happy Memorial Day	Cheese Cubes Pears Water	Banana Snack Cake Cucumber Slices Water	Fresh Fruit Salsa Homemade Tortilla Chips Water  Sub: Crackers and fruit for infants	Blueberry Muffin Oranges Water



Vegetarian Alternative



Substitute for 2yrs & Under



- ▶ All meals are baked, not fried
- ▶ Vegetarian meal options available
- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole milk served to children ages 12-24 months  
1% milk served to children 24 months and older

