Bright Horizons at Future Stars: January Menu

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| MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **1**  **CLOSED** | **2**  AM: Cereal and Mandarin Oranges  Lunch**: Ground Beef and Rice**, Broccoli, and Applesauce  PM: Nutri-grain Bars | **3**  AM: Oatmeal and Strawberries  Lunch: **Diced Ham w/ Mac and Cheese**, Carrots, and Pears  PM: Cheese and Crackers | **4**  AM: Pancakes and Blueberries  Lunch: **Sloppy Joes**, Peas, and Fruit Cocktail  PM: Graham Crackers | **5**  AM: Cereal and Fresh Bananas  Lunch*:* Cheese Pizza, Garden Salad w/ Ranch, and Applesauce  PM: Fresh Bananas |
| **8**  AM: Cereal and Blueberries  Lunch: **Turkey** andCheese Sandwiches, Carrots, and Mandarin Oranges  PM: Nutri-grain Bars | **9**  AM: Cream of Wheat and Pears  Lunch: **Sweet and Sour Chicken**, Rice, Broccoli, and Fruit Cocktail  PM: Bread Sticks and Marinara Sauce | 10  AM: Waffles and Pears  Lunch: **Beef and Cheese Tacos**, Lettuce, and Tomatoes, Peaches  PM: Cucumbers and Ranch | 11  AM: Cinnamon Raisin Bread and Pineapple  Lunch**: Salisbury Steak**, Peas, and Mandarin Oranges  PM: Cheese Quesadillas | 12  AM: Cereal and Fresh Blueberries  Lunch: Cheese Pizza, Broccoli, and Pears  PM: Yogurt |
| 15  **CLOSED** | **16**  AM: Pancakes and Strawberries  Lunch*:* **Enchilada Casserole**, Peas & Carrots, and Fruit Cocktail  PM: Raisins and String Cheese | **17**  AM: Bagels w/ Cream Cheese  Lunch*:* **BBQ Meatballs**, Sweet Potatoes, and Peaches  PM: Bread Sticks and Marinara Sauce | **18**  AM: Oatmeal and Fresh Blueberries  Lunch: Cheesy Broccoli, Rice Casserole**,** and Peaches  PM: Fresh Oranges | **19**  AM: Cereal and Strawberries  Lunch: Cheese Pizza, Peas & Carrots, and Oranges  PM: Pretzels |
| 22  AM: Cereal and Blueberries  Lunch*:* **Spaghetti**, Carrots, and Diced Peaches  PM: Nutri-grain Bars | 23  AM: Yogurt and Fresh Bananas  Lunch*:* Grilled Cheese Sandwich, Tomato Soup, and Fresh Oranges  PM: Cheese and Crackers | 24  AM: Waffles andDiced Peaches  Lunch: **Chicken and Rice**, Green beans, and Fruit Cocktail  PM: Cucumbers and Ranch | 25  AM: Cream of Wheat and Diced Pears  Lunch: **Diced Ham w/ Mac and Cheese**, Peas, and Applesauce  PM: Yogurt | **26**  AM: Cereal and Fresh Bananas  Lunch: Cheese Pizza, Garden Salad w/ Ranch, and Fruit Cocktail  PM: Graham Crackers |
| **29**  AM: Cereal and Strawberries  Lunch*:* **Hamburgers**, Mixed Veggies, Pears  PM: Crackers and Cheese | 30  AM: Bagels w/ Strawberry Jam  Lunch: **Salisbury Steak**, Sweat Potatoes, and Pineapple  PM: Pretzels | **31**  AM: Cinnamon Raisin Bread  Lunch**: Ground Beef and Rice**, Broccoli, and Applesauce  PM: Nutri-grain Bars |  | *Contains egg\**  Contains dairy  **Contains Meat**  **(**request to omit**)** |