

2023 Family Webinars

Navigating your child's early years, managing life as a working parent, caring for elder loved ones, and everything in between — our experts cover it all. Tune in monthly for Bright Horizons® webinars that offer actionable advice for today's families.



**Register
for all
webinars
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- **Language Development in the Early Years**

Wednesday, January 25, 2023
12:00 p.m. ET

From babbles, to words, to full sentences — children's language development is fascinating. We'll explore the different stages, key milestones, and what to expect in your child's first few years.

- **Getting Excited About STEM**

Thursday, February 16, 2023
12:00 p.m. ET

STEM is for everyone! Hear our experts' take on how to inspire your child to learn about science, technology, engineering, and math; explore big ideas; and help them dig deeper.

- **Raising an Inclusive Child**

Wednesday, March 15, 2023
3:00 p.m. ET

How can you create authentic, diverse experiences for your child? How do you help understand and appreciate differences and answer tricky questions about differences? Join us to hear about inclusion, social-emotional learning, and exposing your child to other cultures, holidays, traditions, and people.

- **Busy and Hectic: The Impact of Stress on Learning**

Thursday, April 13, 2023
3:00 p.m. ET

Soccer, art class, play rehearsals, gymnastics, coding club — activities that are supposed to be fun can actually be a major source of stress for your child. Learn how that stress affects brain development and how to alleviate some pressure.

- **Managing Behaviors That Challenge Adults**

Wednesday, May 17, 2023
12:00 p.m. ET

Tantrums, hitting, and biting are very difficult behaviors to navigate as a parent or caregiver. Join our experts to learn both preventative and in-the-moment strategies to provide your little one with positive guidance through these challenging times.

- **Why Failing and Risk-Taking Are Better Than Perfection**

Tuesday, June 13, 2023
12:00 p.m. ET

Healthy risk-taking offers so many developmental benefits. How can you encourage your child to step outside their comfort zone and face challenges, even if they fail? Join us for a discussion on fostering the persistence to try and the resilience to fail.

- **Future-Ready: Learning to Communicate & Collaborate**

Thursday, July 13, 2023
3:00 p.m. ET

Language and listening, the ability to work together, controlling impulses and emotions, and more — research shows these are the most essential skills to success in school and beyond. Learn how they're woven into our *Discovery Driven Learning*™ approach.

- **Fueling Your Child's Curiosity and Creativity**

Tuesday, August 15, 2023
12:00 p.m. ET

Creativity and curiosity are essential skills to being an effective learner, thinker, and researcher. However, these talents diminish over time in most people if not supported and encouraged. You can support your child's abilities to ask questions, use their imagination, and explore — find out how our *Discovery Driven Learning*™ approach can help.

- **Your Child's Growing Brain**

Thursday, September 21, 2023
2:00 p.m. ET

Wondering what's going on in your child's brain? Neuroscience has taught us so much about early learning and development. Tune in to hear how to encourage development and get actionable tips to support your child (ages 0-5).

- **Emotional Intelligence + Why It Matters**

Thursday, October 19, 2023
3:00 p.m. ET

Higher emotional intelligence does so much more than help children understand how they (and others) are feeling. It's also a key player in building positive relationships, paying attention, and being engaged at school. Join us to learn more!

- **Sandwiched and Stressed?**

Thursday, November 16, 2023
3:00 p.m. ET

If you're caring for elder loved ones...and your child, navigating caregiving logistics and responsibilities (plus your own emotions!) can be tough. Tune in for helpful tips.

- **Fitting Family Time into Busy Days**

Thursday, December 14, 2023
12:00 p.m. ET

Workdays fill up quickly. Learn how to create meaningful (and manageable!) pockets of time with your child amidst the chaos — during your commute, dinner, bathtime, and more.