BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: July 1st	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	▪ Mini Bagel ▪ Cream Cheese ▪ Oranges ▪ Organic Milk ▪ Mandarin Oranges	▪ Corn Chex ▪ Apples Slices ▪ Organic Milk ▪ Diced Apples	▪ Potato Sausage Casserole ▪ Biscuit ▪ Pears ▪ Organic Milk	▪ Cheese Omelette ▪ Banana ▪ Organic Milk	▪ Apple Cinnamon Muffin ▪ Cantaloupe ▪ Organic Milk
TODDLER MORNING SNACK	▪ Nutrigrain Bar ▪ Organic Milk	▪ Mini Bagel ▪ Cream Cheese ▪ Water	▪ Corn Chex ▪ Diced Apples ▪ Milk	▪ Biscuit ▪ Cheese Cubes ▪ Water	▪ Cheese Omelette ▪ Whole Wheat Toast ▪ Water
LUNCH	▪ Chicken Alfredo w/egg Noodles ▪ Peas & Carrots ▪ Cantaloupe ▪ Organic Milk ▪ Soy Crumbles	▪ Ham and Cheese Sandwich ▪ Sweet Potato Fries ▪ Mango ▪ Organic Milk ▪ Grilled Cheese	▪ Chicken Tacos ▪ Tomato, Lettuce, Cheese, Cucumber ▪ Oranges ▪ Organic Milk ▪ Whole Wheat Tortilla/Cheese Quesadilla	▪ Macaroni & Cheese w/diced ham ▪ Green Beans ▪ Strawberries ▪ Organic Milk ▪ Mac & Cheese	▪ Turkey & Cheese Wrap ▪ Sliced Cucumbers ▪ Pears ▪ Organic Milk
AFTERNOON SNACK	▪ Applesauce ▪ Oyster Crackers ▪ Water	▪ Nutrigrain Bar ▪ Organic Milk	▪ Soft Pretzel ▪ Cheese Cubes ▪ Water	▪ Pita Bread ▪ Roasted Red-Pepper Hummus ▪ Water	▪ Veggie Bean Crackers ▪ Apple Sauce

* Infant/Toddler Alternative
* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

PARTNERSHIP FOR A HEALTHIER AMERICA

Bright Horizons®
Early Education & Preschool