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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | 1  **am- Strawberry Yogurt w/ Granola**  **pm- Oranges w/ Colby Jack Cheese Sticks** | 2  **am- Bananas w/ Graham Crackers**  **pm- WW Broccoli & Cheddar Cheese Quesadillas w/ Mild Salsa** | 3  **am- Cream of Wheat with Cinnamon & Blueberries**  **pm- Cantaloupe w/ WW Crackers** | 4  **am- Strawberries w/ Cottage Cheese**  **pm- Mild Cheddar Cheese Cubes w/ Edamame** |
| 7  **CAMP AMGEN CLOSED**  **LABOR DAY** | 8  **am- Corn Chex Cereal**    **pm- House-made Guacamole w/ WW Crackers** | 9  **am- Vanilla Yogurt w/ Raspberries**  **pm- Whole Grain Macaroni & Cheese w/ Steamed Peas** | 10  **am- Cinnamon Oatmeal W/ Blueberries**  **pm- Cantaloupe w/ Graham Crackers** | 11  **am- WW Bagels w/ Cream Cheese**  **pm- Watermelon w/ Whole Grain Cheddar Crackers** |
| 14  **am- Special K Cereal**    **pm- House made Tahini Free Hummus w/ WW Pita Bread** | 15  **am- Peach Yogurt w/ Granola**  **pm- Bananas w/ Graham Crackers** | 16  **am- Cinnamon Oatmeal w/ Blueberries**  **pm- WW Cheese Pizza Muffins** | 17  **am- Vegetarian Breakfast Patties w/ Applesauce**  **pm- Pineapple w/ Whole Grain Cheddar Crackers** | 18  **am- Whole Grain Pancakes w/ Strawberries**  **pm- WW Lean Turkey Sandwich w/ Tomatoes & Mustard Veg: Cheddar** |
| 21  **am- Crispix Cereal**  **pm- WW Bread w/ Apple Butter & Edamame** | 22  **am- Bananas w/ Granola**  **pm- Steamed Carrots w/ Greek Yogurt Ranch Dip & WW Pita Bread** | 23  **am- Whole Grain Waffles w/ Strawberries**  **pm- House-made Carrot Muffins w/ Cantaloupe** | 24  **am- Blueberries w/ Cottage Cheese**  **pm- Colby Jack Cheese Sticks W/ Cinnamon Applesauce & WW Crackers** | 25  **am- Vanilla Yogurt w/ Graham Crackers**  **pm- Watermelon w/ Whole Grain Cheddar Crackers** |
| 28  **am- Rice Chex Cereal**  **pm- WW Sunflower Butter Sandwiches** | 29  **am- Strawberry Yogurt w/ Graham Crackers**  **pm- Oranges w/ WW Crackers** | 30  **am- Bananas w/ Granola**  **pm- Pineapple**  **w/ String Cheese** |  |  |
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**Camp Amgen Snack Menu**

**\*All snacks are nut safe and sesame free\*** \*Please note, Toddlers thru TK are included on this menu. \*Milk: Toddlers- whole; Ages 2 to 5- 1%. \*This menu satisfies the USDA Child Care Food Program Guidelines. \*Menu subject to change based on food availability.

SEPTEMBER 2020