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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | 1**am- Strawberry Yogurt w/ Granola** **pm- Oranges w/ Colby Jack Cheese Sticks** | 2**am- Bananas w/ Graham Crackers** **pm- WW Broccoli & Cheddar Cheese Quesadillas w/ Mild Salsa** | 3**am- Cream of Wheat with Cinnamon & Blueberries** **pm- Cantaloupe w/ WW Crackers** | 4**am- Strawberries w/ Cottage Cheese** **pm- Mild Cheddar Cheese Cubes w/ Edamame** |
| 7 **CAMP AMGEN CLOSED** **LABOR DAY** | 8**am- Corn Chex Cereal****pm- House-made Guacamole w/ WW Crackers** | 9**am- Vanilla Yogurt w/ Raspberries** **pm- Whole Grain Macaroni & Cheese w/ Steamed Peas** | 10**am- Cinnamon Oatmeal W/ Blueberries** **pm- Cantaloupe w/ Graham Crackers** | 11**am- WW Bagels w/ Cream Cheese****pm- Watermelon w/ Whole Grain Cheddar Crackers** |
| 14**am- Special K Cereal****pm- House made Tahini Free Hummus w/ WW Pita Bread** | 15**am- Peach Yogurt w/ Granola****pm- Bananas w/ Graham Crackers**  | 16**am- Cinnamon Oatmeal w/ Blueberries** **pm- WW Cheese Pizza Muffins** | 17**am- Vegetarian Breakfast Patties w/ Applesauce** **pm- Pineapple w/ Whole Grain Cheddar Crackers** | 18**am- Whole Grain Pancakes w/ Strawberries** **pm- WW Lean Turkey Sandwich w/ Tomatoes & Mustard Veg: Cheddar** |
| 21**am- Crispix Cereal** **pm- WW Bread w/ Apple Butter & Edamame** | 22**am- Bananas w/ Granola** **pm- Steamed Carrots w/ Greek Yogurt Ranch Dip & WW Pita Bread** | 23**am- Whole Grain Waffles w/ Strawberries****pm- House-made Carrot Muffins w/ Cantaloupe** | 24**am- Blueberries w/ Cottage Cheese****pm- Colby Jack Cheese Sticks W/ Cinnamon Applesauce & WW Crackers** | 25**am- Vanilla Yogurt w/ Graham Crackers****pm- Watermelon w/ Whole Grain Cheddar Crackers** |
| 28**am- Rice Chex Cereal****pm- WW Sunflower Butter Sandwiches** | 29**am- Strawberry Yogurt w/ Graham Crackers****pm- Oranges w/ WW Crackers** | 30**am- Bananas w/ Granola****pm- Pineapple** **w/ String Cheese** |  |  |
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**Camp Amgen Snack Menu**

**\*All snacks are nut safe and sesame free\*** \*Please note, Toddlers thru TK are included on this menu. \*Milk: Toddlers- whole; Ages 2 to 5- 1%. \*This menu satisfies the USDA Child Care Food Program Guidelines. \*Menu subject to change based on food availability.

SEPTEMBER 2020