

August 2019 Menu

3 Week of 07/29/19 – 08/02/19	AM Snack	Lunch	PM Snack
Monday	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
Tuesday	Cereal Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
Wednesday	Oatmeal Apple Slices Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Pita Bread with Cream Cheese and Celery Sticks Water
Thursday	Diced Cantaloupe with Strawberries Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Sliced Tomatoes Milk	Chex Mix Milk
Friday	Cinnamon Raisin Bagel With Cream Cheese Milk	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

4 Week of 08/05/19 – 08/09/19	AM Snack	Lunch	PM Snack
Monday	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Orange Slices Milk	Vanilla Wafers Milk
Tuesday	Bran Muffins Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Cracker Stackers (Ritz crackers, Sliced Turkey, and Sliced Cheese) Water
Wednesday	Cereal Sliced Bananas Milk	Mashed Potatoes with Hamburger Gravy Broccoli & Carrots Pears Milk	Celery Sticks Sun Butter Water
Thursday	Cinnamon Raisin Bagel With Cream Cheese Milk	Chicken Noodle Casserole Green Beans Applesauce Milk	Carrot Sticks and Cucumbers with Dip Milk
Friday	Banana Zucchini Bread Milk	Sloppy Joes Baked Beans Peaches Milk	Graham Crackers Yogurt Water

August 2019 Menu

5 Week of 08/12/19 – 08/16/19	AM Snack	Lunch	PM Snack
Monday	Cornbread with Honey Butter Milk	Hamburger Stroganoff Broccoli Peaches Milk	Vanilla Wafers Milk
Tuesday	Mixed Berries Cheese Slice Milk	Egg Salad on Wheat Celery and Carrot Sticks Yogurt Dip Apple Slices Milk	Wheat Thins and Cheese Nips Milk
Wednesday	Muffin Squares Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Corn Pears Milk	½ Banana with Whole Grain Cinnamon Crackers Water
Thursday	Oatmeal Milk	English Muffin Cheese Pizza Peas and Carrots Applesauce Milk	Tortillas with Sun Butter Water
Friday	Yogurt Granola Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines Cheese Mango Fruit Mix Milk	Applesauce Cake Milk

6 Week of 08/19/19 – 08/23/19	AM Snack	Lunch	PM Snack
Monday	Applesauce Milk	Grilled Cheese on Wheat Tomato Soup with Pasta Corn Pears Milk	Oatmeal Squares Milk
Tuesday	Zucchini Bread Milk	Taco Salad (Ground Beef and Mixed lettuce mix with shredded carrots and cabbage) Beets Peaches Milk	Bananas Oranges Milk
Wednesday	Cinnamon Biscuits Milk	Sweet and Sour Meatballs with Rice Pineapple Peas Milk	Wheat Thins and Cheese Nips Milk
Thursday	Banana Slices Berries Milk	Bean and Cheese Burritos Mixed Veggies Orange Slices Milk	Graham Crackers Yogurt Water
Friday	Wheat Toast with Butter Milk	Mozzarella Bake (Pasta, Marinara, Cheese, Pepperoni) Broccoli and Cauliflower Tropical Fruit Salad Mix Milk	Cottage Cheese Peaches Water

August 2019 Menu

7 Week of 08/26/19 – 08/30/19	AM Snack	Lunch	PM Snack
Monday	Cereal Milk	Chili Wheat Saltines Cheese Squares Peaches Milk	Applesauce Cake Milk
Tuesday	Bran Muffins with Butter Milk	Rice Casserole (ground pork and cabbage) Peas and Carrots Pineapple Milk	Wheat Bread Squares with Jelly Milk
Wednesday	Cinnamon Toast Milk	Biscuits and Sausage Gravy Corn Green Beans Milk	Whole-Grain Crackers Cheese Squares Water
Thursday	Oatmeal Milk	Sun Butter and Jelly on Wheat Bread Raw Broccoli and Cauliflower Mixed Fruit Milk	Orange Slices Wheat Thins Milk
Friday	Boiled Eggs Saltines Milk	Chicken and Cheese Quesadilla Cooked Carrots Apple Slices Milk	Soft Pretzels Marinara Sauce Water