



## BRIGHT HORIZONS AT The Children's Campus @ Georgia Tech

### From the Director...

Can you believe that it is May already? The school year is almost over! Our Pre-K celebration is just around the corner. We are going to be very sad to say goodbye to our friends. This month, Pre-K will have Parent Teacher Conferences during the week of May 13<sup>th</sup>. We will have the sign up information on the Pre-K classroom door. The end of the year celebration will take place on May 22<sup>nd</sup>. More details will be shared with the families as time approaches.

The children, families and staff enjoyed all of the wonderful events for the Week of the Young Child. Thank you for all of your participation and we will continue the tradition next year!

Thank you to everyone that donated food items to Truths Place. From our region's donations, we were able to serve 1019 bags to families at local schools. The families were very thankful for the food items. Please know how much your efforts are appreciated, and that does make a huge difference in the communities in which we work and live.



Village Photography captured the wonderful smiles of our children and families on April 26<sup>th</sup>! The due date to return picture order forms is Friday, May 3<sup>rd</sup>. If you have any questions, please see management.

April 29<sup>th</sup> – May 3<sup>rd</sup> is Teacher and Staff Appreciation week. During this week we will take the time to honor teachers and staff for all they have done for our children during the year. Each teacher will have a box located in front of the building where families are able to place tokens of appreciation inside. Additionally, we invite you to visit our Teacher and Staff Appreciation website at <http://appreciation.brighthorizons.com/> to leave a special note of appreciation for your child's teacher or exceptional staff member. The website will be open until May 31<sup>st</sup>. We thank you in advance for recognizing our teachers and staff.

We would like to celebrate our mothers with a special Mothers' Day breakfast on Friday, May 10<sup>th</sup> from 8:00 a.m.-9:00 a.m. located in the Commons Area.

TCC is hosting Summer Camp beginning May 28<sup>th</sup>-August 2<sup>nd</sup> for any rising kindergartener through 8 year-old. Orientation for summer camp will be on Thursday, May 2<sup>nd</sup> at R. Kirk Landon Learning Center from 4:30 p.m.-5:30 p.m.

Thank you for your amazing support!

Tiffany Whigham, Director

### Important Dates

- \* April 29<sup>th</sup> – May 3<sup>rd</sup> - Teacher & Staff Appreciation Week (See page 3 for more information)
- \* May 2<sup>nd</sup> – Summer Camp Orientation 4:30pm@ RKLLC
- \* May 13<sup>th</sup> – Pre-K Parent Teacher Conferences
- \* May 5<sup>th</sup> – Cinco De Mayo
- \* May 9<sup>th</sup> – PPC Meeting, 5:00 pm
- \* May 10<sup>th</sup> – Mother's Day Breakfast @8:00 a.m.-9:00 a.m.
- \* May 11<sup>th</sup> - Parent Night Out (PNO) 6:30pm – 11:00pm
- \* May 22<sup>nd</sup> – Pre-K End of the Year Celebration @ GT (Student Center) 3:00 pm
- \* May 24<sup>th</sup> – Pre-K/Bright club Teacher Workday (No Camp)
- \* May 25<sup>th</sup> – Tuition Is Due (Online Payments only)
- \* May 27<sup>th</sup> – Memorial Day, Center Closed
- \* May 28<sup>th</sup> – Summer Camp begins

### Welcome to TCC

Caleb B. – Infants

Emma C. -Infants

### Reasons to Celebrate

#### Children Birthdays

Minghao L. – 5/7

Yuna S. – 5/30

Abbie Z.-5/13

Marley P. – 5/31

Sonya S.-5/20

Dema A. – 5/22

Anthony K. – 5/29

## Simplicity Parenting

Wondering how to make the most of home and family life? The secret might just be doing less.

Let's face it – parenting isn't always easy. But if you secretly wonder if we're making it harder than it really is, you're not alone. The recent trend of “minimalist parenting” or “simplicity parenting” encourages parents to reclaim their homes and families by creating simpler, more satisfying lives.

- ▶ **Trust Yourself.** A generation or two ago, parents learned the ropes from their own families. Today's parents have access to advice from a wide range of experts (and non-experts). A search on Amazon for “parenting” books yields over 70,000 titles. That's a lot of advice, and while some of it's certainly helpful, it can also lead to information overload. Have you ever felt like you're spending more time reading about parenting than actually doing it? Read a few books, talk to friends and family members you trust, and then trust yourself. Every parent makes mistakes, but no expert can replace the love of a devoted parent. Relax. You've got this.
- ▶ **Get real.** Life isn't a glossy magazine ad or a Pinterest pin. Life with kids is raucous, joyful, exhausting, and messy. One of the quickest ways to zap your parenting zest is to compare your experiences with someone else's seemingly perfect life. Children dawdle, have meltdowns, spill juice cups, and on and on. Understanding and accepting these realities can minimize the energy you spend feeling frustrated, and allow for more time to enjoy all the wonderful aspects of childhood and family life.
- ▶ **Guard your time.** When it comes to money, health, and talents, we're all different, but there's one thing that is equitable across the board: time. We each get 24 hours in a day, no more, no less. Those 24 hours add up to weeks, months, and years. The cliché that time flies by when you're raising children is true. Before you know it, your rambunctious toddler will be headed off to college. How do you want to spend that time? Shuttling your kids to multiple activities? There's nothing wrong with extracurricular activities, but too many can cause stress and rob you off that most precious commodity – time with family. Avoid feeling pressured by friends whose preschoolers speak Mandarin, play the violin, and swim on a competitive swim team. Instead, carve out rhythms and routines that speak to your family.
- ▶ **Create a village.** Some of us are lucky enough to have nurturing extended family members nearby. Many parents today are going it alone – parenting without a close family network. Be intentional about building friendships and support. Find community in your neighborhood, at the park, or through a rec center, church, or your child's school. Social media is also a great way to connect with other families. Try to build relationships with people of all ages and walks of life.

## Spread the Love During Teacher & Staff Appreciation Month

Teacher Appreciation Day is May 7, but at Bright Horizons, we're celebrating all month long!

Our teachers, support staff, and leadership team work hard year-round to make your family's experience the best it can be. Please take a moment to share any stories, comments, and well wishes for those who touch your family's life each day.

**Visit our Teacher & Staff Appreciation website throughout the month of May** to spread the love for your child's teacher or an exceptional staff member. Your thoughts make a difference and mean a lot to all of us.

[appreciation.brighthorizons.com](https://appreciation.brighthorizons.com)

### Share the Love on Social: #LoveMyBHTeacher

What better way to celebrate Teacher Appreciation Month than by asking children why they love their Bright Horizons teachers? Throughout the month of May, you're invited to share a short video (30-60 secs) from your child's perspective.

Across Facebook, Instagram, and Twitter, **be sure to tag Bright Horizons and use the hashtag #LoveMyBHTeacher** — we might even feature your child's video on Bright Horizons' social media channels.\* We can't wait to see the fun, creative way your child says "THANKS!"

## Featured Family Webinar

### Engineering in Early Education

You've heard of STEM — science, technology, engineering, and math — but you might be intimidated by the idea of introducing these concepts to your child, especially engineering. Watch this webinar to learn how to make engineering kid-friendly and get tips on exploring this future-forward topic with infants through school-agers.

**Family Webinar Recording – Engineering in Early Education** | [brighthorizons.com/webinarEIEE](https://brighthorizons.com/webinarEIEE)

\*By submitting content to be featured by Bright Horizons, you grant Bright Horizons Family Solutions, the Bright Horizons Foundation for Children and any of their respective parents, subsidiaries and affiliated companies (collectively "Bright Horizons") permission to use your content (including any derivatives or modifications that Bright Horizons may choose to make thereto) for any purpose whatsoever in perpetuity and without compensation of any kind. All content submitted becomes the sole and exclusive property of Bright Horizons you waive any potential right to compensation in connection with the company's use of the material.

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Monday – Friday 7:00 a.m. to 6:30 p.m.

