


Bright Horizons at Little Hands News

Curriculum Night

Please join us on Monday
September 25 from 4:00 to 6:00 pm

Curriculum night is an opportunity to
engage with your child in their classroom.

This evening allows you to connect with
your child's teachers, learn more about the
signature practices and observe your child's
skills first hand! Mark your calendars!

Curriculum  Night

Important Dates

September 5- Lauren's 1 Year Anniversary (Support Teacher)

September 7- Shirin's 14 Year Anniversary (Infant Support)

September 7- Jennifer's Birthday (Infant Teacher)

September 8- Center Wide Evacuation

September 10- Irina's 11 Year Anniversary (Infant Teacher)

September 15- Allstate Family Day

September 23- First Day of Fall!

September 24- Kristina's 6 Year Anniversary (Infant Teacher)

September 24- Curriculum Night (See Pgs.1 and 5)

September 25- Allstate Sprint and Stride (Wear **PURPLE**)

September 28- Center Evacuation

Congratulations Sarah and Tiffany!

We are very excited to announce
Sarah Perna's promotion from
Center Director to Regional Manager.

*We are happy that Sarah will be
OUR regional manager!*

We are also excited to announce
Tiffany Yu will be the new Center
Director at Little Hands!

Sarah's last day at Little Hands will be
September 27, 2018.

*Please help us in congratulating both
Sarah and Tiffany on their new roles!*

Did you know?

Little Hands Child Development Center and Mobile
Therapy Centers of America (MTC) are in their ninth
year of collaboration to bring early detection and
appropriate intervention to children and families.

MTC is a private practice based in Libertyville
however their licensed and credentialed therapists
travel to our center to provide developmental
screenings, evaluations and therapy services. Our
staff collaborates with the MTC team on a regular
basis and receives specialized resources in the
areas of speech, language, motor and social
emotional development. If you have any questions
regarding MTC's services, feel free to contact:

Nicole Brachfeld M.A. CCC-SLP/L
nbrachfeld@mtcus.com or visit their website at

www.mtcus.com

Little Hands Child Development Center

2755 Sanders Rd, Northbrook, IL, 60062

847-326-9500 | all@brighthorizons.com

Monday through Friday & 6:30am to 6:30pm



TREASURE BASKET CHALLENGE

Did you know Treasure Baskets are a signature practice for infants? When exploring a treasure basket, babies are learning concepts such as object permanence. The infant teachers created their BEST treasure basket for a division-wide contest within Bright Horizons!

Infant 1

Ms. Helen and Ms. Jennifer developed a SCIENCE ROCKS basket incorporating “STEM” for babies!



Infant 2

Ms. Naheed and Ms. Yasmeen developed a KITCHEN treasure basket complete with natural materials!



Infant 3

Ms. Natalie and Ms. Jessica developed a Dr. Seuss themed treasure basket, “HAPPY UNBIRTHDAY!”



Infant 4

Ms. Irina and Ms. Kristina developed two baskets: “WOW! WHAT A FEELING!” and “RATTLE AND ROLL”



Garden Works

A center-wide Signature Practice in our curriculum is gardening!
All age groups incorporate garden concepts indoors and outdoors all year round.
Infant 4 has a garden bed growing very well outside their window. Two's 3 grew tomatoes in their playground ground and then taste-tested these tomatoes.

Please see some snapshots from the summer time garden experiences at Little Hands!

Infant 4 is growing herbs outside their classroom!



Two's 3 is taste-testing tomatoes grown in their garden!



Toddler and preschool children are helping plant and water their gardens!



READY FOR SCHOOL NEWS

Cooking - A Family Affair

Gathering in kitchens nourishes our bodies, minds, and souls. Preparing meals together as a family enhances relationships, invites contribution, and helps children understand basic cooking principles. Also, children develop patience as they discover that delicious food doesn't just magically appear. Although cooking as a family affair is probably not as easy as adults whipping up a quick dinner, with a bit of forethought, more cooks stirring a pot can be fun and has tremendous benefits for everyone involved.

Cooking with children helps them learn about nutrition and hone basic reading, math, and science concepts. Reading recipes and learning kitchen vocabulary expands literacy skills, while counting, measuring, and fractions, foster mathematical thinking. Young chefs learn about chemistry and the physical properties of matter as they mix ingredients and watch them combine, separate, expand, change color, develop scents, and change form.

Research shows that children who help in the kitchen develop healthy eating habits because they tend to eat what they prepare. Below are a few suggestions for toddlers and preschoolers.

Toddlers

Choose simple cooking tasks that match your toddler's skills and attention span.

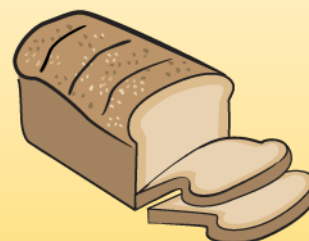
- Wash fruit and vegetables.
- Measure, pour, mix, and stir ingredients.
- Put ingredients in a crockpot or blender.
- Mash potatoes.



Preschoolers

Discuss nutrition and why our bodies and minds need the right kind of fuel to work correctly.

- Help plan meals.
- Chop, grate, peel, and cut ingredients.
- Shuck corn.
- Crack eggs.
- Count and categorize ingredients (wet and dry items).



BRIGHT HORIZONS NEWS

Learn about the year ahead at Curriculum Night



Ask about our upcoming Curriculum Night event!

Monday September 24- 4:00 to 6:00 pm

During Curriculum Night, you will learn what we have planned for the year ahead for our center's curriculum as well as community center events. Spend time in your child's classroom, ask about the curriculum for their age group, and ask their teacher about future project plans. This event can also be a great time to connect with fellow Bright Horizons families!

Learn about our Bright Horizons educator promises. As Bright Horizons Educators, we promise to...

Nurture and care for the whole child

Craft curriculum based on expert research

Support and develop teachers

Implement an emergent and integrated approach to learning

Cultivate curiosity through projects, exploration, and play

Encourage children to be confident experimenters and problem solvers

Build an inclusive and respectful community

Create joyful places for childhood



Check out all the places you can connect with us!