

BRIGHT HORIZONS at GMCC

What's on the Menu?



April 1-5, 2019	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Cheerios Cereal Fresh Fruit	French Toast Sticks Fresh Fruit	Hashbrown Casserole Fresh Fruit	Apple Cheddar Biscuits Fresh Fruit	Blueberry NutriGrain Bars Fresh Fruit
LUNCH	Tomato Basil Pasta Steamed Green Beans Fresh Fruit	Beef Taco Salad Soy Crumbles Spanish Roasted Potatoes Fresh Fruit	Turkey Pot Pie Veggie Patty Roasted Zucchini Fresh Fruit	Brunswick Stew Tomato Soup Hominy Bread Fresh Fruit	Baked Chicken Nuggets Veggie Nuggets Sweet Potato Fries Fresh Fruit
AFTERNOON SNACK	Peach Bars Juice/Water	Zucchini Bread Juice/Water	String Cheese and Watermelon Slices Juice/Water	Fruit Smoothies and Graham Crackers Juice/Water	Baked Pretzel Bites Juice/Water
DINNER	Turkey and Cheese Sliders Veggie Nuggets Tomato Cucumber Salad Fresh Fruit	Ham and Potato Casserole Veggie Nuggets Steamed Edamame Fresh Fruit	Vegetable Soup Homemade Cornbread Fresh Fruit	Rice and Bean Burritos Steamed Corn Fresh Fruit	Cheese Ravioli Steamed Broccoli Florets Fresh Fruit

We Serve Healthy Meals

- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Organic Milk served to all children Toddlers through Kindergarten Prep
- All meals served family style
- Select produce are locally grown and supplied by NC/SC farmers
- This menu is subject to change without notice due to deliveries and emergencies.

Vegetarian Alternative

