## BRIGHT HORIZONS AT LISLE What's on the Menn?

Week of 01/20/2020	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul> <li>All Bran Cereal</li> <li>Apples</li> <li>Organic Milk</li> </ul>	<ul> <li>Homemade Banana Muffins</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul> <li>Peach French Toast Casserole</li> <li>Bananas</li> <li>Organic Milk</li> </ul>	<ul> <li>Whole Wheat Mini Bagels</li> <li>Cream Cheese</li> <li>Peaches</li> <li>Organic Milk</li> </ul>	<ul> <li>Cheerios</li> <li>Bananas</li> <li>Organic Milk</li> </ul>
MORNING SNACK	<ul> <li>Sun Butter and Banana Sandwich</li> <li>Water</li> </ul>	<ul> <li>Pretzel Bites</li> <li>Cucumber Slices</li> <li>Water</li> </ul>	<ul> <li>Cheese Cubes</li> <li>Apples</li> <li>Water</li> </ul>	<ul> <li>Fresh Fruit Salad</li> <li>Water</li> </ul>	<ul> <li>Homemade Apple Cinnamon Bread</li> <li>Oranges</li> <li>Water</li> </ul>
LUNCH	<ul> <li>Swedish Meatballs</li> <li>Mashed Potatoes</li> <li>Steamed Green Beans</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul> <li>Taco Casserole</li> <li>Steamed Carrots</li> <li>Oranges</li> <li>Organic Milk</li> </ul>	<ul> <li>Vegetable Pasta Bake</li> <li>Steamed Peas</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul> <li>Chinese Chicken</li> <li>Steamed Brown Rice</li> <li>Oranges</li> <li>Organic Milk</li> </ul>	<ul> <li>Homemade Minestrone Soup</li> <li>Warm Brown Roll</li> <li>Pears</li> <li>Organic Milk</li> </ul>
AFTERNOON SNACK	<ul> <li>Wheat Crackers</li> <li>Oranges</li> <li>Water</li> </ul>	<ul><li>Ants on Log</li><li>Water</li></ul>	<ul> <li>Strawberry Nutrigrain</li> <li>Cucumber Slices</li> <li>Water</li> </ul>	<ul> <li>Whole Grain Mixed Berry Animal Crackers</li> <li>Apples</li> <li>Water</li> </ul>	<ul> <li>Whole Grain Vanilla Wafers</li> <li>Apples</li> <li>Water</li> </ul>
TAKE HOME SNACK	Oyster Crackers	<ul> <li>String Cheese</li> </ul>	<ul> <li>Graham Crackers</li> </ul>	<ul> <li>Nutrigrain Bar</li> </ul>	Wheat Crackers

## We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style



