



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Lashawnda Pearson, Center Director

Week: 05.09.2022	Monday May 09	Tuesday May 10	Wednesday May 11	Thursday May 12	Friday May 13
A.M. Snack	Whole Grain Waffles Frozen Strawberries Allergy: Gluten-Free Waffles Frozen Strawberries Infants: Frozen Strawberries	Cheese Grits Turkey Sausage Fresh Pears Allergy: Grits Turkey Sausage Fresh Pears Infants: Diced Pears in Juice	Bagels w/Apple Butter Apricots Allergy: Gluten-Free French Toast Apricots Infants: Apricots	Blueberry Muffins Fresh Bananas Allergy: Gluten-Free Pancakes Fresh Bananas Infants: Fresh Bananas	Corn Flakes Frozen Peaches Allergy: Gluten-Free Corn Cereal Frozen Peaches Infants: Frozen Peaches
Lunch	Chicken Chili Corn Muffins Pineapples Allergy: Gluten-Free Chicken Noodle Soup Gluten-Free Bread Pineapples Infants: Pineapples	Turkey Cheese Burger Deluxe Roasted Potatoes w/peppers Fresh Cantaloupe Allergy: Turkey Burger Deluxe on Gluten-Free Bread Roasted Potatoes w/Peppers Fresh Cantaloupe Infants: Fresh Cantaloupe	Chicken and Ravioli Carbonara Steamed Corn Mixed Berries Allergy: Gluten-Free Chicken Alfredo Steamed Corn Mixed Berries Infants: Mixed Berries	Turkey Ham Sliders Steamed Broccoli Tropical Fruit Allergy: Turkey Ham Slider on Gluten-Free Bread Steamed Broccoli Tropical Fruit Infants: Tropical Fruit	Three Cheese Pizza Roasted Zucchini Fresh Oranges Allergy: Gluten-Free Vegetarian Pizza Roasted Zucchini Fresh Oranges Infants: Mandarin Oranges
P.M. Snack	Apple Slices Cheese Sticks Allergy: Dairy-Free Cheese Slices Apple Slices Infants: Sliced Cheese Applesauce	Granola Vanilla Yogurt Allergy: Gluten- Free Cereal Bar Fresh Bananas Infants: Graham Crackers	Cinnamon Breadsticks Applesauce Allergy: Cinnamon Toast Gluten-Free Bread Applesauce Infants: Applesauce	Chicken Salad Whole Grain Pita Chips Allergy: Chicken Sandwich on Gluten-Free Bread Infants: Chicken Salad	Wheat Crackers Mixed Fruit Cup Allergy: Gluten-Free Crackers Mixed Fruit Cup Infants: Wheat Crackers

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.