



# ReInHerit

## WEBINAR



ReInHerit

“Compassion is a Rebellious Act”

16 June 2023 | 3:00-4:00 pm (CET)



European  
Commission

# ARCADA UNIVERSITY OF APPLIED SCIENCES



# Compassion is a Rebellious Act

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Henrika Franck, Dr. (econ), Dean  
Jan Nåls, Dr (phil)

**Acts of compassion are rare.  
Why?**

**We need to break the myths**

# Myths about compassion

1. It makes me look weak
2. It is something you either have or you don't have
3. It creates injustice
4. We don't need compassion because we have rules

# **1. Compassion makes me look weak**

~~Compassion makes me look weak~~  
**Compassion makes me stronger**

**2. Compassion is something we  
either have or we don't have**

~~Compassion is something we either  
have or we don't have~~

**Compassion is a natural human trait**

# **3. Compassion creates injustice**

~~Compassion creates injustice~~

**Compassion frees everyone to be  
whole**

**4. We don't need compassion  
because there are rules**

~~We don't need compassion because  
there are rules~~

**Rules can sometimes prevent us  
from showing compassion**

# **Breaking the myths about compassion**

1. Compassion makes me stronger
2. Compassion is a natural human trait
3. Compassion frees everyone to be whole
4. Rules can sometimes prevent us from showing compassion

**Compassion is a rebellious act**

**Join the rebellion:**

**[www.storiesofcompassion.com](http://www.storiesofcompassion.com)**