Bristol-Myers Squibb CDC Summer Week One

M=Milk/Dairy F=Fruit G=Grain P=Protein V=Vegetable



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
j;	Whole Grain Pancakes	Kix Cereal with Sliced Fresh	Carrot Pineapple Bran	Cheddar Cheese Omelets	Wheat English Muffins with
fas	with Turkey Sausage,	Bananas and Milk	Muffins with Diced Apples	with Fresh Sliced	Veggie Sausage, Fresh Diced
ak	Diced Peaches and Milk		and Milk	Strawberries, Whole Wheat	Cantaloupe, and Milk
Breakfast				Bread and Milk	
	G,F,M	G,F,M	G,F,M	G, P,F, 1 1/2M	G, F, V,M
	BBQ Chicken Breast with	Pizza Cheese Steaks (with Pizza	Warm Popcorn Chicken Salad	Oven Baked Pierogies With	Oven Baked Pollack Nuggets
<u> </u>	Pinto Beans, Steamed Corn,	Sauce and Mozzerella) on	w/ Cheddar, Cucumbers,	Sour Cream, Applesauce,	with Tartar Sauce, Whole
Lunch	Whole Wheat Pita, and Milk	Hoagie Rolls, Steamed Fresh	Tomatoes, Whole Wheat	Green Beans and Milk	Grain Pasta Primavera Salad,
Ľ		Broccoli and Milk	Dinner Roll and Milk		and Milk
	6.5. 744	D 1/ C14	D 1/ C14	6.4.5.7	D 1/ C 1/
	G,P,2V,M	P,2V,G,M	P,2V,G,M	G,M,F,V	P, 2V, G, M
an	BBQ Vegetable Crumble	French Bread Cheese Pizza	Chick Pea & Cheese Salad		Veggie Nuggets with Whole
ari or	with Pinto Beans, Steamed	with Steamed Fresh Broccoli	with Cucumbers, Tomatoes,		Grain Pasta Primavera Salad
egetaria Option	Corn, Whole Wheat Pita and	and Milk	Whole Wheat Dinner Roll		and Milk
Vegetarian Option	Milk		and Milk		
>	P,G,2V,M	P,2V,G,M	P,2V,G,2M		G, 2V,M
	Diced Fresh Seedless	Fresh Blueberries with Fig	Cheese Sticks with Whole	Blanched Baby Carrots (Raw for	Fresh Diced Pineapple with
×	Watermelon with Vanilla	Newtons and Water	Wheat Crackers and Water	Kindergarten) with Ranch	Graham Crackers and Water
Snack	Yogurt and Water			Dressing, Tomato Tortilla	
Sr				Triangles and Water	
	ГМ	F.C.	r D	V C	Г.С
	F,M	F,G	F,P	V,G	F, G