

BRIGHT HORIZONS AT Overlook

From the Director

Recycled Art Gallery June 12th

Come and peek at the wonderful Recycled Art that has been created by our classes in our center lobby!

Father's Day Dance June 14th 7:00pm-8:00pm

Join us in the atrium for a celebration for all the wonderful things our dads do every day! Dress in your best and get prepared for a night of music, light snacks, and refreshments.

Kindergarten Prep Moving Up Ceremony June 27th @ 4:00pm

All families are welcome to come and celebrate our Kindergarten Prep children who will be moving onto Kindergarten in the fall! Families are asked to RSVP with any additional guests that will be attending.

Important Dates

World Environments Day 06/05

Recycled Art Gallery 06/12

Pajama Day 06/13

Flag Day- Wear Red, White, & Blue 06/14

Father's Day Dance 06/14

Family History Day 06/17

Family Partnership Group Call 06/18

International Day of Yoga 06/21

Kindergarten Prep Moving Up Ceremony 06/27

Reasons to Celebrate Happy Birthday!

Max G. 06/01

Owen R. 06/07

Chibuzo I. 06/09

Trinity H. 06/10

Aria F. 06/11

Grayson L. 06/12

Ms. Gladys 06/17

Ryan G. 06/19

Leo F. 06/28

Ms. Camila 06/29

Happy Anniversary!

Ms. Tamisha 06/02

Ms. Shalorah 06/30



Infant

In our Infant classroom, the children began showing interest in balls. The teachers put different size balls into their sensory bin and let the children explore the different sizes, textures, patterns, and colors of the balls. They spoke to them about how balls bounce and began introducing them to words such as "shape" and "circle". This activity helps infants to learn to make selections from a group of items such as the balls by hearing the teachers call the items by name and being prompted to try and repeat the names as well.



Toddler

In our Toddler classroom, the children have been practicing their self-serving skills during meal times. After washing their hands prior to serving, each child takes a turn serving themselves. Self-serving involves the development of their fine motor skill such as holding utensils and passing food. It also involves social skills such as good manners, learning to share, and to care for others at the table. They learn to self-serve by being encouraged by their teachers and using hand over hand motions with other items such as spoons and assisting in pouring their milk.



Preschool

Our Preschool classroom has been learning all about plants and insects. They took their learning outside and put their creativity to use drawing their observations of small insects they found in the grass. They used markers and paper and made sure to add details to their insects such as stripes, polka dots, wings, and antennas.



Kindergarten Prep

Taking moments to enjoy the fresh air has been a favorite of the children in Kindergarten Prep. The children wanted to take their book club outside so that they were able to read under the trees and enjoy the sunshine and the breeze. Simple tasks that can be taken outside are a much needed change of scenery for the children; offering them an opportunity to learn and explore in different environments.

Introducing the Music Makers Program

In 2018, the Education and Development team at Bright Horizons introduced Music Makers, the musical component of Art Smart, Bright Horizons' visual and performing arts curriculum. At Bright Horizons, we believe that music exposure is an important part of every child's development.

Music is much more than singing. Music matters because it is universal. Every culture has some form of music, and it naturally interests and delights children. Music has a language of its own and is a wonderful outlet for creative energy. Music builds relationships, nurtures developmental skills, and encourages cultural exchanges. Howard Gardner, developer of the concept of multiple intelligences, considers music one of the eight intelligences.

Music Makers offers teachers practical and theoretical information about the value of music and how to present it in the early childhood classroom.

A dynamic music program will:

- ▶ Teach children the basic properties of music, such as tempo, pitch, and volume.
- ▶ Build children's self-esteem and ability to express feelings.
- Support peer interaction and social skills knowledge.
- Develop language and vocabulary.
- Expose children to cultures and languages.
- Introduce children to musical instruments.

In your child's classroom, you might see:

- Sound areas in the infant and toddler rooms that include musical instruments, wind chimes, or whistles.
- Musical instruments, songbooks, microphones, and other materials as appropriate for each age group.
- Explorations of musicians, composers, and musical groups, such as orchestras and quartets.
- Children singing songs, dancing, playing instruments, creating instruments, or reading books related to music.
- Children exploring patterns, rhythms, and tones.

Introduce children to musical instruments. The Music Makers curriculum is just one way we keep our promises to nurture and care for the whole child and create joyful places for childhood. Talk with your child's teacher or director to learn more about Music Makers.

Did You Know?

The Partnership for a Healthier America (PHA) works with private companies to eliminate the problem of childhood obesity, and complements the Let's Move! initiative started by former First Lady Michelle Obama. In 2011, Bright Horizons was the first early care organization to join PHA and in 2017 we renewed our commitment until 2020.

Through this partnership, Bright Horizons is focused on improving our in-center practices and family resources on the topics of nutrition, movement, and gardening. Stay tuned for a new segment in our monthly newsletters that will feature tips and ideas on these topic areas!





Teach. Play. Love. Parenting Advice for the Early Years

Subscribe to get new episodes!



Listen as parents and early childhood educators come together to cull the competing advice, separate fact from fiction, and focus on what does – and doesn't – matter during these early years. Be more confident, have less worry. and let Bright Horizons help make parenting the joy it was meant to be.

Featured Parenting Podcast Episode

Teach. Play. Love. Parenting Advice for the Early Years

On this episode: executive function, an important set of organizational skills that will take your child into the future. Listen as Rachel Robertson, education and development vice president, and Ruth Fidino, learning and development director, discuss how you can weave executive function skill-building opportunities into your everyday life, and support your children while helping them learn to do things for themselves.

Ep. 3: The Quest for Executive Function

brighthorizons.com/bhpodcastEp3

Bright Horizons at Overlook

41 Upper Overlook Rd. Summit, NJ, 07901 908-522-5600 | Overlook@brighthorizons.com Monday – Friday 6:30 a.m. to 6:30 p.m.









