

BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: July 8 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> ▪ Egg Patty ▪ Biscuit ▪ Banana ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Pancakes ▪ Turkey Sausage ▪ Oranges ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Yogurt Parfait ▪ Granola ▪ Peaches ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Sausage & Cheese Biscuit ▪ Watermelon ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Cornbread Muffin ▪ Banana ▪ Organic Milk
TODDLER MORNING SNACK	<ul style="list-style-type: none"> ▪ Corn Chex ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Egg Patty ▪ Biscuit ▪ Water 	<ul style="list-style-type: none"> ▪ Pancake ▪ Pears ▪ Water 	<ul style="list-style-type: none"> ▪ Yogurt ▪ Granola ▪ Water 	<ul style="list-style-type: none"> ▪ Sausage Patty ▪ Biscuit ▪ Water
LUNCH	<ul style="list-style-type: none"> ▪ BBQ Chicken Sandwich ▪ Sweet Potato Fries ▪ Cantaloupe ▪ Organic Milk ▪ Black Bean Patty 	<ul style="list-style-type: none"> ▪ Cheese Quesadilla ▪ Black Bean Medley ▪ Mango ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Malibu Chicken Patty (Ham and Swiss Cheese) ▪ Green Beans ▪ Watermelon ▪ Organic Milk ▪ Veggie Patty 	<ul style="list-style-type: none"> ▪ Beef Stroganoff ▪ Peas & Carrots ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Cheese Pizza ▪ Tomato-Cucumber Salad ▪ Blueberries ▪ Organic Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> ▪ Turkey & Cheese Roll Up ▪ Water 	<ul style="list-style-type: none"> ▪ Graham Crackers ▪ Apple Slices ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Garlic Breadsticks ▪ Marinara Sauce ▪ Water 	<ul style="list-style-type: none"> ▪ Sliced Cheese ▪ Wheat Crackers ▪ Water 	<ul style="list-style-type: none"> ▪ Pita Bread ▪ Soy Nut Butter

* Infant/Toddler Alternative

* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

