BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: Feb. 4th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	▪ Corn Chex ▪ Fresh Fruit ▪ Organic Milk	▪ Cinnamon Raisin Bagel ▪ Cream Cheese ▪ Fresh Fruit ▪ Organic Milk	▪ Scrambled Cheesy Eggs ▪ Fresh Fruit ▪ Organic Milk	▪ Turkey Sausage Patty ▪ Biscuit ▪ Fresh Fruit ▪ Organic Milk	▪ Blueberry Muffin ▪ Fresh Fruit ▪ Organic Milk
TODDLER MORNING SNACK	▪ Nutrigrain Bar ▪ Organic Milk	▪ Corn Chex ▪ Fresh Fruit	▪ Cinnamon Raisin Bagel ▪ Organic Milk	▪ Egg Patty ▪ Toast	▪ Homemade Banana Snack Cake ▪ Organic Milk
LUNCH	▪ Chicken Tacos ▪ Black Bean Medley ▪ Fresh Fruit ▪ Organic Milk ▪ V: Cheese Quesadilla	▪ Swedish Meatballs ▪ Egg Noodles ▪ Peas & Carrots ▪ Fresh Fruit ▪ Organic Milk ▪ V: Veggie Crumble with Egg Noodles	▪ Cheesy Chicken & Rice Casserole ▪ Fresh Fruit ▪ Organic Milk ▪ V: Rice with Cheese Sauce	▪ Grilled Cheese Sandwich ▪ Tomato Soup ▪ Fresh Fruit ▪ Organic Milk	▪ Macaroni and Cheese ▪ Green Beans ▪ Fresh Fruit ▪ Organic Milk
AFTERNOON SNACK	▪ Apple Cinnamon Muffin ▪ Organic Milk	▪ Cucumbers ▪ Red Pepper Hummus ▪ I/T: Wheat Crackers	▪ Homemade Banana Snack Cake ▪ Fresh Fruit	▪ Cottage Cheese ▪ Fresh Fruit	▪ Turkey Slices ▪ Cucumbers

* Infant/Toddler Alternative
* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

PARTNERSHIP FOR A HEALTHIER AMERICA

Bright Horizons®
Early Education & Preschool