

Bright Horizons at Mount Prospect Lunch Menu for the Week of January 22, 2018.



	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Toasted waffle, pineapple, milk	Whole wheat pancakes, mandarin oranges, milk	Cinnamon raisin bagel, cream cheese, apple slices, milk	Rice Krispies, bananas, milk	Scrambled eggs with ham and cheese, mixed berries (Young Preschool and Up), banana (Infant and Toddler), milk
Lunch	Chicken ala king over small biscuit, steamed broccoli, applesauce, milk	Whole wheat spaghetti with meat sauce, steamed zucchini, pineapple, milk	Sliced ham, dinner roll, steamed yellow squash, pears, milk	Beef taco melts, steamed cauliflower, mango, milk	Turkey burger slider, steamed California blend vegetables, strawberries (Young Preschool and up), mango (Infant and Toddlers), Milk
PM Snack	Sliced provolone cheese, Ritz cracker, water	Homemade banana bread, milk	Fresh watermelon, milk	Sliced cucumber, ranch, milk	Salsa cream cheese, tortilla chips, water
Vegetarian Substitution	Black beans	Spaghetti with tofu	Pinto beans	Cheese quesadilla	Veggie burger