 Week 3

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| **Day** | **Morning Snack** | **Lunch** | **Afternoon Snack** |
| **Monday** | Whole Grain CerealFruitMilk | Beef Tacos Rice Corn Fruit | Oatmeal Cereal Bars Fruit Water |
| **Tuesday** | Yogurt and Fruit SaladMilk Water | PizzaCarrotsOranges Slices | Cinnamon Raisin BreadBananasWater |
| **Wednesday** |  Bagel with Cream CheeseFruit MilkWater | BBQ Chicken BreastBlack Eyed PeasRiceDiced Pears | Turkey, Cheeseand CrackersWater |
| **Thursday** | French Toast SticksFruitMilkWater | Mac and CheeseSteam ZucchiniFruit Cup | Strawberry Cream Cheese Roll UpsWater |
| **Friday** | Nutrigrain BarsApple slicesMilk Water | Chicken TendersFrench FriesSteamed PeasPeaches | Fruit Cups Wheat CrackersWater |

**Milk is served at each of these meals**

**Whole Milk to Toddlers, Low-fat for Twos, PS, KP**

**This menu is subject to change without notice due to deliveries and emergencies**

**Revised 9/14/2022**