 Week 3

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| **Day** | **Morning Snack** | **Lunch** | **Afternoon Snack** |
| **Monday** | Whole Grain Cereal  Fruit  Milk | Beef Tacos  Rice  Corn  Fruit | Oatmeal Cereal Bars  Fruit  Water |
| **Tuesday** | Yogurt and Fruit Salad  Milk  Water | Pizza  Carrots  Oranges Slices | Cinnamon Raisin Bread  Bananas  Water |
| **Wednesday** | Bagel with Cream Cheese  Fruit  Milk  Water | BBQ Chicken Breast  Black Eyed Peas  Rice  Diced Pears | Turkey, Cheese  and Crackers  Water |
| **Thursday** | French Toast Sticks  Fruit  Milk  Water | Mac and Cheese  Steam Zucchini  Fruit Cup | Strawberry Cream Cheese Roll Ups  Water |
| **Friday** | Nutrigrain Bars  Apple slices  Milk  Water | Chicken Tenders  French Fries  Steamed Peas  Peaches | Fruit Cups  Wheat Crackers  Water |

**Milk is served at each of these meals**

**Whole Milk to Toddlers, Low-fat for Twos, PS, KP**

**This menu is subject to change without notice due to deliveries and emergencies**

**Revised 9/14/2022**