

Young Explorers at United Therapeutics

Menu for Week of:

January 7-11

Day	Morning Snack	Lunch	Afternoon Snack
Monday	Toasted oats* Milk	Tuna melts on English muffins* Cucumber coins Sliced peaches Milk	Animal crackers Pears
Tuesday	Corn chex Applesauce Milk	Vegetarian chili w/beans & vegetables Hush puppies Sliced peaches Milk	Banana apple muffin squares* Tangerines
Wednesday	Bagels* w/cream cheese (mini bagels) Bananas Milk	Beef stew w/carrots & potatoes French bread* Peas Milk	Homemade Chex mix, mandarin oranges
Thursday	Crispy rice cereal Apricot halves Milk	Minestrone soup w/beans Cheese sandwiches* Fresh fruit cup w/grapes & strawberries Milk	Yogurt Homemade granola*
Friday	Lemon poppy muffin squares* Pineapple tidbits Milk	BBQ chicken drumsticks, breadsticks* Corn Kale salad w/apples(kale) Milk	Graham crackers Pears



- Meal service provided by the CCSA
- Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old.
- Substitutions provided for age group restrictions as well as medical needs/documentated family preferences
- *Designates Whole Grain Rich

Parents: This menu is subject to change without notice due to deliveries and emergencies.

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