

BRIGHT HORIZONS AT LISLE

What's on the Menu?



Week of 11/12/18	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> ▪ Cornflakes ▪ Banana ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Warm Oatmeal ▪ Apple ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Warm English Muffin ▪ Jam ▪ Peaches ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Homemade Apple Breakfast Casserole ▪ Banana ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Rice Crispies ▪ Apple ▪ Organic Milk
MORNING SNACK	<ul style="list-style-type: none"> ▪ Cheese Cubes ▪ Apple ▪ Water 	<ul style="list-style-type: none"> ▪ Pretzel Bites ▪ Banana ▪ Water 	<ul style="list-style-type: none"> ▪ Strawberry Nutrigrain Bar ▪ Cucumber Slices ▪ Water 	<ul style="list-style-type: none"> ▪ Blueberry Muffins ▪ Apple ▪ Water 	<ul style="list-style-type: none"> ▪ Fresh Fruit Salsa ▪ Homemade Baked Tortilla Chips ▪ Water
LUNCH	<ul style="list-style-type: none"> ▪ Tacos on Whole Wheat Tortillas ▪ Salsa and Cheddar Cheese ▪ Steamed Carrots ▪ Pear ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Homemade Chicken Pot Pie ▪ Steamed Cauliflower ▪ Orange ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Beefy Mac ▪ Steamed Peas ▪ Pear ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Parmesan Chicken ▪ Steamed Green Beans ▪ Orange ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Turkey and Cheese Sandwich on Whole Wheat Buns ▪ Steamed Mixed Veggies ▪ Pear ▪ Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> ▪ Wheat Crackers ▪ Orange ▪ Water 	<ul style="list-style-type: none"> ▪ Rice Cakes ▪ Soy Butter ▪ Pear ▪ Water 	<ul style="list-style-type: none"> ▪ Crackers ▪ Apple ▪ Water 	<ul style="list-style-type: none"> ▪ Trail Mix ▪ Pear ▪ Water 	<ul style="list-style-type: none"> ▪ Homemade Apple Bread ▪ Banana ▪ Water
TAKE HOME SNACK	<ul style="list-style-type: none"> ▪ Honey Maid Graham Crackers 	<ul style="list-style-type: none"> ▪ Keebler Wheat Crackers 	<ul style="list-style-type: none"> ▪ String Cheese 	<ul style="list-style-type: none"> ▪ Nutrigrain Bar 	<ul style="list-style-type: none"> ▪ Oyster Crackers

We Serve Healthy Meals

- Vegetarian alternatives available
- Whole milk served to infants and toddlers
- 1% milk served to Twos, Preschool, and Kindergarten pre
- All meals included in the tuition
- All meals served family style

