

BRIGHT HORIZONS AT LISLE

What's on the Menu?



Week of 08/05/19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> ▪ Cornflakes ▪ Bananas ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ French Toast Casserole ▪ Apples ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Strawberry Banana Muffins ▪ Peaches ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Warm Oatmeal ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ All Bran ▪ Apples ▪ Organic Milk
MORNING SNACK	<ul style="list-style-type: none"> ▪ Corn Muffins ▪ Cucumber Slices ▪ Water 	<ul style="list-style-type: none"> ▪ Sun Butter and Banana Sandwich ▪ Water 	<ul style="list-style-type: none"> ▪ Blueberry Nutrigrain Bar ▪ Bananas ▪ Water 	<ul style="list-style-type: none"> ▪ French Toast Sticks ▪ Apples ▪ Water 	<ul style="list-style-type: none"> ▪ Fresh Fruit Salsa ▪ Homemade Baked Tortilla Chips ▪ Water
LUNCH	<ul style="list-style-type: none"> ▪ Teriyaki Glazed Meatballs ▪ Steamed Brown Rice ▪ Stir Fried Vegetables ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Cheeseburger Pie ▪ Steamed Peas ▪ Oranges ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Spaghetti with Marinara Sauce ▪ Steamed Green Beans ▪ Pears ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Chicken and Broccoli Casserole ▪ Steamed Carrots ▪ Oranges ▪ Organic Milk 	<ul style="list-style-type: none"> ▪ Turkey and Cheese Sandwich on Whole Wheat Bread ▪ Steamed Cauliflower ▪ Cantaloupe ▪ Organic Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> ▪ Veggie Straws ▪ Oranges ▪ Water 	<ul style="list-style-type: none"> ▪ Cheese Cubes ▪ Pears ▪ Water 	<ul style="list-style-type: none"> ▪ Wheat Crackers ▪ Cucumber Slices ▪ Water 	<ul style="list-style-type: none"> ▪ Trail Mix ▪ Bananas ▪ Water 	<ul style="list-style-type: none"> ▪ Homemade Apple Bread ▪ Oranges ▪ Water
TAKE HOME SNACK	<ul style="list-style-type: none"> ▪ Wheat Crackers 	<ul style="list-style-type: none"> ▪ Nutrigrain Bar 	<ul style="list-style-type: none"> ▪ Oyster Crackers 	<ul style="list-style-type: none"> ▪ String Cheese 	<ul style="list-style-type: none"> ▪ Graham Crackers

We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

