BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: March 25th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	▪ Oatmeal ▪ Fresh Fruit ▪ Organic Milk	▪ Egg Patty ▪ Wheat Toast ▪ Fresh Fruit ▪ Organic Milk	▪ Cheerios ▪ Fresh Fruit ▪ Organic Milk	▪ Yogurt ▪ Granola ▪ Fresh Fruit ▪ Organic Milk	▪ Apple Cinnamon Muffin ▪ Fresh Fruit ▪ Organic Milk
TODDLER MORNING SNACK	▪ Wheat Crackers ▪ Sliced Cheese	▪ Nutrigrain Bar ▪ Organic Milk	▪ Yogurt ▪ Fresh Fruit	▪ Graham Crackers ▪ Cream Cheese	▪ Corn Bread ▪ Fresh Fruit
LUNCH	▪ Chicken Parmesan Sandwich ▪ Roasted Broccoli ▪ Fresh Fruit ▪ Organic Milk ▪ V: Veggie Patty Sandwich	▪ Meatloaf ▪ Roasted Potatoes & Green Beans ▪ Fresh Fruit ▪ Organic Milk ▪ V: Grilled Cheese Sandwich	▪ White Chicken Chili ▪ Corn Bread ▪ Fresh Fruit ▪ Organic Milk ▪ V: Vegetarian Chili with Beans	▪ Spaghetti ▪ Turkey Meatballs ▪ Peas & Carrots ▪ Fresh Fruit ▪ Organic Milk ▪ V: Spaghetti with Spaghetti Sauce	▪ Grilled Chicken Nuggets ▪ Vegetarian Beans ▪ Fresh Fruit ▪ Organic Milk ▪ V: Veggie Patty Sandwich
AFTERNOON SNACK	▪ Nutrigrain Bar ▪ Fresh Fruit	▪ Garlic Breadstick ▪ Marinara Sauce	▪ Homemade Apple Cinnamon Snack Cake ▪ Organic Milk	▪ Soy Butter ▪ Pita Bread	▪ String Cheese ▪ Whole Wheat Crackers ▪ I/T: Sliced Cheese

* Infant/Toddler Alternative
* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

PARTNERSHIP FOR A HEALTHIER AMERICA

Bright Horizons®
Early Education & Preschool