



Patient Information

Patient Collection Instructions for Semen Analysis – Post Vasectomy

1. The specimen is usually collected 6-8 weeks following the vasectomy, unless the physician specifies otherwise.
2. There should be no ejaculation for 24 hours prior to collection.
3. The specimen must be delivered to the Outpatient Laboratory within **60 minutes** of collection. A specimen should be received within 1 hour of collection, but will not be rejected unless greater than 6 hours old.
4. **Post-Vas specimens will be accepted in the Outpatient Lab at any time.**
5. Collect semen directly into a plastic container provided by interrupting intercourse or masturbation. The **entire** specimen must be in the container. If any specimen has spilled, you must recollect the specimen. **Do NOT use a condom.**
6. Label specimen container with your name and date and time of collection.
7. Attempt to protect specimen from temperature extremes. Specimens not collected at the hospital should be held next to your skin (stomach, hand, or between your legs while driving) to keep at body temperature.
8. Return this sheet with the following information filled out:

Name: _____

Date of collection _____ Time of collection _____

Prior to collection this specimen, how many days has it been since you last had intercourse and/or masturbated? _____ day(s)

Did you use a condom? ☐ Yes ☐ No

Did you use lubricant? ☐ Yes ☐ No

Did you submit the entire specimen? ☐ Yes ☐ No

Did you protect the specimen from temperature extreme? ☐ Yes ☐ No

For more information call (317) 736-3500