



## Bright Horizons Early Education at Oak Brook

*Infants and Toddlers are served Organic Whole Milk*

*Two's on up are served Organic 1% Milk*

<b>MEALS INCLUDED IN TUITION</b>	<b>Monday January 22</b>	<b>Tuesday January 23</b>	<b>Wednesday January 24</b>	<b>Thursday January 25</b>	<b>Friday January 26</b>
<b>Breakfast</b>	Whole Grain Waffles Fresh Fruit Organic Milk	Whole Wheat Bagels Cream Cheese Fresh Honey Dew Organic Milk	Whole Grain Cereal Hard Boiled Eggs Fresh Bananas Organic Milk	Omelet with Cheddar Cheese Whole Wheat English Muffins Freshly Raspberries Organic Milk	Turkey Sausage Whole Wheat Biscuits Fresh Cantaloupe Organic Milk
<b>Morning Snack</b>	Graham Crackers Fresh Fruit Water	Cottage Cheese and Fresh Cantaloupe Crackers Water	Whole Wheat Graham Cracker with Raisins Water	Rice Cracker With Fresh Apple Slices Water	Whole Wheat Crackers Mozzarella Stick Water
<b>Hot Lunch</b>	Grilled Chicken Breast Veggie Lasagna Honey Dew Organic Milk	Whole Wheat Pasta with Cheese Sauce Steamed Green Beans Diced Peaches Organic Milk	Salisbury Steak & Roasted Red Potatoes Steamed Carrots Fresh Strawberries Organic Milk	Un-breaded Baked Chicken on Whole Wheat Tortilla Shredded Cheese Fresh Salsa Diced Pears Organic Milk	Grilled Cheese on Whole Wheat Bread Tomato Soup Mandarin Oranges Organic Milk
<b>Afternoon Snack</b>	Strawberry Yogurt Vanilla Wafers Water	Strawberry Nutrigrain Bars Water	Cheddar Cheese Cubes & Fresh Watermelon Water	Whole Wheat Pitas Sunbutter Spread Water	Sliced Carrots Ranch Dressing Water