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3RD OPEN ASIAN TAEKWON-DO ITF CHAMPIONSHIPS 2023



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NEPAL

ASHOK ROKA



ATHLETE

2006-05-25

ITF NEPAL

P014 - PATTERN 15-17 JUNIOR MALE BLUE-RED
S062 - SPARRING 15-17 JUNIOR MALE RED-BLACK -60KG

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3RD OPEN ASIAN ITF CHAMPIONSHIPS
26-28 MAY
TALKATORA INDOOR STADIUM
NEW DELHI

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3RD OPEN ASIAN TAEKWON-DO ITF CHAMPIONSHIPS 2023



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NEPAL

CHHANTYAL HIMAL



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2012-01-09

ITF NEPAL

S019 - SPARRING 10-11 KIDS MALE BLUE-BLACK -145CM

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NEPAL

CHHANTYAL MITHUN

ATHLETE

2002-07-04

ITF NEPAL

P015-23M PATTERN PRE-JNR-SNR 15-18+ BLACK I DEG
P036 PATTERN PRE-JNR-SNR MALE-FEMALE BLACK OVERALL CHAMPION
S097 - SPARRING 18+ SENIOR MALE BLACK -69KG

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Punam chhantyal



NEPAL

CHHANTYAL PUNAM

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2003-06-14

ITF NEPAL

P029-030 PATTERN 18+ SNR FEMALE BLACK I-II DEG
P036 PATTERN PRE-JNR-SNR MALE-FEMALE BLACK OVERALL CHAMPION
S109-116M SPARRING 18+SNR FEMALE BLUE-BLACK -50KG

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3RD OPEN ASIAN TAEKWON-DO ITF CHAMPIONSHIPS 2023



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NEPAL

CHHANTYAL SUNIL



ATHLETE

2006-12-30

ITF NEPAL

P015-23M PATTERN PRE-JNR-SNR 15-18+ BLACK I DEG
P036 PATTERN PRE-JNR-SNR MALE-FEMALE BLACK OVERALL CHAMPION
S062 - SPARRING 15-17 JUNIOR MALE RED-BLACK -60KG

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3RD OPEN ASIAN TAEKWON-DO ITF CHAMPIONSHIPS 2023



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NEPAL

G.C. SANCHIT



ATHLETE

2012-12-01

ITF NEPAL

P006 - PATTERN 10-11 KIDS BLUE-RED
S019 - SPARRING 10-11 KIDS MALE BLUE-BLACK -145CM

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3RD OPEN ASIAN TAEKWON-DO ITF CHAMPIONSHIPS 2023



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NEPAL

GHARTI THAN BAHADUR



ATHLETE

2006-01-28

ITF NEPAL

P014 - PATTERN 15-17 JUNIOR MALE BLUE-RED
S060 - SPARRING 15-17 JUNIOR MALE RED-BLACK -50KG

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3RD OPEN ASIAN TAEKWON-DO ITF CHAMPIONSHIPS 2023



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NEPAL

GHISING NEEMA



ATHLETE

2006-09-27

ITF NEPAL

P015-23M PATTERN PRE-JNR-SNR 15-18+ BLACK I DEG
P036 PATTERN PRE-JNR-SNR MALE-FEMALE BLACK OVERALL CHAMPION

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NEPAL

KARKI ISHAN



ATHLETE

2007-10-13

ITF NEPAL

P015-23M PATTERN PRE-JNR-SNR 15-18+ BLACK I DEG
P036 PATTERN PRE-JNR-SNR MALE-FEMALE BLACK OVERALL CHAMPION
S060 - SPARRING 15-17 JUNIOR MALE RED-BLACK -50KG

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NEPAL

KHATRI KISHAN



ATHLETE

2012-10-04

ITF NEPAL

P006 - PATTERN 10-11 KIDS BLUE-RED
S019 - SPARRING 10-11 KIDS MALE BLUE-BLACK -145CM

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NEPAL

KUNWAR SITA

ATHLETE

2007-10-22

ITF NEPAL

P018 - PATTERN 15-17 JUNIOR FEMALE BLUE-RED
S068-070M SPARRING 15-17 JNR FEMALE YELLOW-BLUE +45-57KG

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NEPAL

LAKAI REEJAN



ATHLETE

2008-06-01

ITF NEPAL

P008-11M PATTERN 12-14 PRE-JNR MALE-FEMALE BLUE-RED

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3RD OPEN ASIAN TAEKWON-DO ITF CHAMPIONSHIPS 2023



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NEPAL

MALLA SAGAR

ATHLETE

2006-03-09

ITF NEPAL

P015-23M PATTERN PRE-JNR-SNR 15-18+ BLACK I DEG
P036 PATTERN PRE-JNR-SNR MALE-FEMALE BLACK OVERALL CHAMPION
S063-064M SPARRING 15-17 JNR MALE RED-BLACK +60-70KG

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3RD OPEN ASIAN TAEKWON-DO ITF CHAMPIONSHIPS 2023



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NEPAL

NYAUPANE SAGAR

ATHLETE

1996-09-13

ITF NEPAL

P015-23M PATTERN PRE-JNR-SNR 15-18+ BLACK I DEG
P036 PATTERN PRE-JNR-SNR MALE-FEMALE BLACK OVERALL CHAMPION
S099-100M SPARRING 18+ SNR MALE BLACK +75-87KG

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NEPAL

ROKA PRAMILA



ATHLETE

2007-08-26

ITF NEPAL

P018 - PATTERN 15-17 JUNIOR FEMALE BLUE-RED
S068-070M SPARRING 15-17 JNR FEMALE YELLOW-BLUE +45-57KG

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NEPAL

TAMANG JESVIN

ATHLETE

2011-10-29

ITF NEPAL

P006 - PATTERN 10-11 KIDS BLUE-RED
S019 - SPARRING 10-11 KIDS MALE BLUE-BLACK -145CM

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3RD OPEN ASIAN TAEKWON-DO ITF CHAMPIONSHIPS 2023



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NEPAL

TAMANG SUBHAM

ATHLETE

2007-09-28

ITF NEPAL

P015-23M PATTERN PRE-JNR-SNR 15-18+ BLACK I DEG
P036 PATTERN PRE-JNR-SNR MALE-FEMALE BLACK OVERALL CHAMPION

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