

BRIGHT HORIZONS

What's on the Menu?

We Serve Healthy Meals



Week A	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cheerios Orange Juice Milk*	Belvita Blueberry Breakfast Bars Mandarin Oranges/ <i>Sliced</i> <i>Peaches</i> Milk*	Poppy Seed Bread# Pineapple Chunks/Banana Milk*	Rice Chex Apple Juice Milk*	Soft Mini Bagels with Cream Cheese* Banana Milk*
AM SNACK	Whole Wheat Bagel with Strawberry Cream Cheese* Milk*	Goldfish Crackers Apple Juice/Milk*	Cottage Cheese* Sliced Peaches	Strawberry Nutri-Grain Bar* Milk*	Banana Bread*# Blueberry Greek Yogurt*
LUNCH	Malibu Veggie Burger Carrot Coins Sliced Peaches Milk*	BBQ Chicken on Whole Wheat Bun Peas and Carrots Pineapple Tidbits/ <i>Applesauce</i> Milk*	Herbed Tomato Pizza Green Beans Applesauce Milk*	Fish Fillet* on Whole Wheat Bun Corn Fresh Cantaloupe Chunks/ <i>Banana</i> Milk*	Macaroni & Cheese* California Blend Vegetables Apple Slices/ <i>Applesauce</i> Milk*
PM SNACK	Apple Slices/ <i>Applesauce</i>	Mini Muffins# Banana	Strawberry Greek Yogurt* Graham Crackers	Wheat Thin Crackers String Cheese*	Animal Crackers Mandarin Oranges/ <i>Sliced</i> <i>Peaches</i>

* Items contains milk or milk ingredients # Item contains eggs or egg ingredients

△ Item contains nuts (and/or is produced on equipment that also produces nuts)

I/T: Infant/Toddler Alternative

Milk for infants and toddlers is whole milk. Older children receive skim milk.

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What's on the Menu?

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Week B	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Rice Chex Orange Juice Milk*	Belvita Golden Oat Breakfast Bars Applesauce Milk*	Cheerios Apple Juice Milk*	Soft Mini Bagel with Cream Cheese* Sliced Peaches Milk*	Blueberry Crumb Muffin*# Banana Milk*
AM SNACK	Mini Muffins*# Banana	Cottage Cheese* Fresh Pineapple Chunks/ Graham Crackers	Poppy Seed Bread*# Milk*	Goldfish Crackers* Apple Juice/ Milk*	Zucchini Bread*# Milk*
LUNCH	Homemade Chicken Noodle Soup# Whole Wheat Roll Green Beans Sliced Peaches Milk*	Cheese Bosco Stick* with Marinara Sauce Broccoli Mandarin Oranges/ Banana Milk*	Dino Chicken Bites* Mashed Potatoes* Mixed Melon Chunks/ Applesauce Milk*	Turkey and Cheddar Cheese Sandwich* on a Whole Wheat Hoagie Roll (Mayonnaise) # Peas Pineapple Tidbits/ Banana Milk*	Cheddar Cheese Quesadilla* Spanish Rice* Corn Apple Slices/ Applesauce Milk*
PM SNACK	Chocolate Soy Milk Vanilla Wafers*#	Soft Pretzel Twist Cheddar Cheese*	Assorted Crackers Hummus	Wheat Thin Crackers String Cheese*	Animal Crackers Mandarin Oranges/ Sliced Peaches

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I/T: Infant/Toddler Alternative

Milk for infants and toddlers is whole milk. Older children receive skim milk.