



# R. Kirk Landon Learning Center

## May 2018 Menu



Tuesday 5/1/18	Wednesday 5/2/18	Thursday 5/3/18	Friday 5/4/18
Turkey Sausage Cheese Toast Pineapples Milk	Oatmeal Mangos Milk	Chex Cereal Grapefruit Milk	Chicken Bacon Cheese Grits Mandarins Oranges Milk
Turkey Breast Garlic Mashed Potatoes Green Beans Watermelon Milk	Madi Gras Pasta Vegetable Blend Apples Wheat Rolls Milk	Baked Tilapia Sweet Peas Pineapples & Raspberries Yellow Rice Milk	Jerk Chicken Corn Fruit Salad Plantains Brown Rice Milk
Salsa Tortilla Chips Water	Mix Fruit Smoothie Wheat Crackers Water	Cubed Cheese Ritz Crackers Water	Homemade Trail Mix Milk

Monday 5/7/18	Tuesday 5/8/18	Wednesday 5/9/18	Thursday 5/10/18	Friday 5/11/18
Cheese Breakfast Pizza Strawberries & Bananas Milk	Chex Cereal Pears Milk	Homemade Waffles Turkey Sausage Mix Berry Milk	Chicken Biscuits Blueberries & Mangos Milk	Hard Boiled Eggs Wheat Toast Grapefruit Milk
Turkey Spaghetti w/ Meatballs Green Beans Mix Melon Garlic Breadsticks Milk	Chicken Stir Fry Oriental Vegetables Apples Spring Rolls Milk	Sweet Ginger Glazed Salmon Roasted Vegetables Watermelon Wild Rice Milk	Homemade Lasagna Corn On The Cob Fruit Salad Wheat Rolls Milk	Grilled Chicken Caesar Salad Steamed Broccoli Oranges Garlic Bread Milk
Strawberry Bananas Smoothies Ritz Crackers	Banana Muffins Milk	Goldfish Milk	Fresh Broccoli Hummus Water	Guacamole Wheat Crackers Water

Monday 5/14/18	Tuesday 5/15/18	Wednesday 5/16/18	Thursday 5/17/18	Friday 5/18/18
Blueberry Waffles Strawberries & Bananas Milk	Turkey Sausage Croissants Pears Milk	Oatmeal Mix Berry Milk	Yogurt & Granola English Muffins Blueberries Milk	Cheese Omelet Wheat Toast Grapefruit Milk
Lemon Herb Chicken Baked Beans Cole Slaw Mix Melon Milk	Cheese Ravioli Green Beans Apples Breadsticks Milk	Baked Chicken Nuggets Sweet Peas Watermelon Potato Wedges Milk	Fish Taco Mango Salsa Lettuce/ Black Beans Oranges Tortilla Milk	BBQ Chicken Tenders Broccoli Oranges Potato Wedges Milk
Sun Butter Celery Sticks Milk	Strawberry & Banana Smoothie Rice Cakes	Baked Cinnamon Pita Bread Apples Water	Pears Yogurt	Carrots & Celery Ranch Dip Water

Menus subject to change upon availability of products. Canned fruit is served in its own juice. Water is offered daily.  
Whole Milk is served to Toddlers. 1% Milk is served to all other age groups.




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## May 2018 Menu



Monday 5/21/18	Tuesday 5/22/18	Wednesday 5/23/18	Thursday 5/24/18	Friday 5/25/18
Rainbow Waffles Strawberries & Bananas Milk	Chicken Bacon Scrambled Eggs Pears Milk	Breakfast Pizza Mix Berry Milk	Turkey Sausage Hash Browns Blueberries & Mangos Milk	Chex Cereal Grapefruit Milk
Chicken Mac & Cheese Green Beans Mix Melon Wheat Rolls Milk	Turkey Taco Salad Lettuce/ Cheese Taco Shells/ Tortilla Chips Black Bean Apples Milk	Spinach Pesto Alfredo w/ Penne Pasta Green Beans Watermelon Garlic Breadsticks Milk	Turkey Burgers Hamburger Buns Peas & Carrots Fruit Salad Sweet Potatoes Milk	Fiesta Chicken Red Beans & Brown Rice Corn Oranges Milk
Sun Butter Sandwiches Milk	Strawberry & Banana Smoothies Pretzels Water	Sweet Potato Spice Bread Milk	Peaches & Cream Muffins Milk	Turkey & Cheese Wraps Water

Monday 5/28/18	Tuesday 5/29/18	Wednesday 5/30/18	Thursday 5/31/18
Memorial Day  	Pancakes Pears Milk	Oatmeal Mix Berry Milk	Cheese Eggs Turkey Sausage Blueberries & Mangos Milk
	Vegetable Lasagna Corn Apples Wheat Rolls Milk	Baked Chicken Legs Collard Greens Watermelon Cornbread Muffins Milk	Curry Chicken Coconut Rice Plantains Fruit Salad Milk
	Yogurt Parfaits Raspberries Water	Spinach Dip Tortilla Chips Water	Berry Applesauce Graham Crackers Water



**Introducing Healthier Snacks Inspired By Our Parents**

### Vegetarian Substitution:

Tofu, veggie sausage, soy chicken nuggets, or beans will be substituted for any menu item that is not allowed for vegetarians. Please let your child's teacher and a member of management know if this is the option for your child.



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