

## What's on the Menu?

12/2-12/6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	Cereal /w Milk Fresh Fruit	Yogurt /w Crushed Graham Crackers Frozen Fruit	Cereal /w Milk Fresh Fruit	Cinnamon Bread /w Cream Cheese Fresh Fruit	Mini Muffins Fresh Fruit
<b>AFTERNOON SNACK</b>	Graham Crackers /w Cream Cheese Raisins	Wheat Wafers /w ½ Cheese Stick Fresh Veggies	Pita Chips /w Salsa Fresh Veggies	Graham Crackers /w Jelly Fresh Veggies	Pita Chips /w Tzatziki Fresh Veggies
12/9-12/13	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	½ English Muffin /w Sun Butter Fresh Fruit	Cereal /w Milk Fresh Fruit	Yogurt /w ½ Fruit Bar Frozen Fruit	½ Cinnamon Raisin Bagels /w Jelly Fresh Fruit	Cereal /w Milk Frozen Fruit
<b>AFTERNOON SNACK</b>	Sweet Potato Crackers Fresh Veggies	Animal Crackers /w Sun Butter Fresh Veggies	Rice Cakes /w Jelly Fresh Veggies	Graham Crackers /w Jelly Fresh Veggies	Oyster Crackers ½ Cheese Stick Fresh Veggies

 Sub 3 & Under



- ▶ Fresh fruits and vegetables served daily
- ▶ Proteins include chicken, turkey, beef, tofu, cheese, and beans
- ▶ Whole Milk served to children ages 12-24 months
- ▶ 1% Milk served to children 24 months and older
- ▶ All meals served family style

