

TAEKWON-DO ITF - Nordvestmesterskap 1 / 2024 - VATNE - 2024-03-17						
	Ring 1	Ring 2	Ring 3	Ring 4		
09:15	Registrering - Kadetter 09:15 - 09:45 (00:30)					
09:20						
09:25						
09:30		Dommermøte 09:30 - 10:00 (00:30)				
09:35						
09:40						
09:45						
09:50						
09:55						
10:00	Kadettmesterskap - Mønster / Sparring 10:00 - 12:00 (02:00)	Kadettmesterskap - Mønster / Sparring 10:00 - 12:00 (02:00)	Kadettmesterskap - Mønster / Sparring 10:00 - 12:00 (02:00)			
10:05						
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12:00	Pause 12:00 - 12:30 (00:30)	Pause 12:00 - 12:30 (00:30)	Pause 12:00 - 12:30 (00:30)			
12:05						
12:10						
12:15						
12:20						
12:25						
12:30	13251 Herre Jr.-1 Mønster 1-3 Dan (2) 12:30 - 12:40	13231 Herre Jr.-1 Mønster 4-1 Gup (21) 12:30 - 13:10	13211 Herre Jr.-1 Mønster 8-5 Gup (7) 12:30 - 12:50			
12:35	14251 Herre Jr.-2 Mønster 1-3 Dan (12) 12:40 - 13:20					
12:40						
12:45			14231 Herre Jr.-2 Mønster 4-1 Gup (6) 12:50 - 13:05			
12:50						
12:55						
13:00						
13:05						
13:10		23231 Dame Jr.-1 Mønster 4-1 Gup (14) 13:05 - 13:40				
13:15	23211 Dame Jr.-1 Mønster 8-5 Gup (7) 13:10 - 13:30					
13:20	24251 Dame Jr.-2 Mønster 1-3 Dan (3) 13:20 - 13:35					
13:25						
13:30	24231 Dame Jr.-2 Mønster 4-1 Gup (6) 13:30 - 13:45					
13:35						
13:40	13011 Herre Jr.-1 Sparring 8-5 Gup -165 cm (6) 13:40 - 14:00		13041 Herre Jr.-1 Sparring 4-1 Gup -165 cm (9) 13:40 - 14:05			
13:45	13012 Herre Jr.-1 Sparring 8-5 Gup +165 cm (3) 13:45 - 14:00					
13:50						
13:55	14146 Herre Jr.-2 Sparring 4-1 Gup 70-75 kg (3) 14:00 - 14:10	13042 Herre Jr.-1 Sparring 4-1 Gup +165 cm (15) 14:00 - 14:35	14170 Herre Jr.-2 Sparring 1-3 Dan -70 kg (9) 14:05 - 14:25	19491 Herre Alle Jr. Spes.Tek Alle Grader +165 cm (15) 14:05 - 14:25		
14:00	14147 Herre Jr.-2 Sparring 4-1 Gup +75 kg (5) 14:10 - 14:25					
14:05	14177 Herre Jr.-2 Sparring 1-3 Dan +75 kg (4) 14:25 - 14:40				24140 Dame Jr.-2 Sparring 4-1 Gup -61 kg (3) 14:25 - 14:40	19490 Herre Alle Jr. Spes.Tek Alle Grader -165 cm (3) 14:25 - 14:40
14:10						
14:15	23011 Dame Jr.-1 Sparring 8-5 Gup -160 cm (3) 14:40 - 14:55	23042 Dame Jr.-1 Sparring 4-1 Gup +160 cm (7) 14:40 - 14:55	24177 Dame Jr.-2 Sparring 1-3 Dan +65 kg (3) 14:40 - 14:55	29491 Dame Alle Jr. Spes.Tek. Alle Grader +160 cm (6) 14:40 - 15:00		
14:20						
14:25						
14:30	15251 Herre Sr. Mønster 1-3 Dan (6) 15:00 - 15:30	17251 Herre Veteran Mønster 1-3 Dan (2) 15:00 - 15:10	28211 Dame Sr./Veteran Mønster 8-5 Gup (2) 28231 Dame Sr./Veteran Mønster 4-1 Gup (2)	29490 Dame Alle Jr. Spes.Tek. Alle Grader -160 cm (3) 15:00 - 15:15		
14:35		23041 Dame Jr.-1 Sparring 4-1 Gup -160 cm (2)	18211 Herre Sr./Veteran Mønster 8-5 Gup (4) 15:10 - 15:20			
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15:15						

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	Ring 1	Ring 2	Ring 3	Ring 4
15:20			18231 Herre Sr./Veteran Mønster 4-1 Gup (12) 15:20 - 15:45	
15:25				
15:30	27251 Dame Veteran Mønster 1-3 Dan (2) 15:30 - 15:40			28490 Dame Sr./Veteran Spes.Tek. Alle Grader (1)
15:35			17144 Herre Veteran Sparring 4-1 Gup +84 kg (5) 15:45 - 16:05	28392 Dame Sr./Veteran Knusing 2-1 Gup - 1-3 Dan (3) 15:35 - 15:50
15:40	15118 Herre Sr. Sparring 8-5 Gup +75 kg (2) 15:40 - 15:50	25174 Dame Sr. Sparring 1-3 Dan 60-65 kg (2) 15:45 - 15:55		
15:45		25178 Dame Sr. Sparring 1-3 Dan +65 kg (2) 15:55 - 16:05		18490 Herre Sr./Veteran Spes.Tek. Alle Grader (3) 15:50 - 16:05
15:50	15140 Herre Sr. Sparring 4-1 Gup -69 kg (3) 15:50 - 16:05			
15:55				
16:00				
16:05	17173 Herre Veteran Sparring 1-3 Dan 76-84 kg (2) 16:05 - 16:15	15148 Herre Sr. Sparring 4-1 Gup +75 kg (3) 16:05 - 16:20	15178 Herre Sr. Sparring 1-3 Dan +75 kg (4) 16:05 - 16:25	18392 Herre Sr./Veteran Knusing 2-1 Gup - 1-3 Dan (6) 16:05 - 16:25
16:10				
16:15				
16:20				