



# Jeannette Cathy Children's Center Weekly Menu

Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Lashawnda Pearson, Center Director

Week: 05.23.2022	Monday May 23	Tuesday May 24	Wednesday May 25	Thursday May 26	Friday May 27
<b>Breakfast</b>	Whole Grain Pancakes Frozen Blueberries  <b>Allergy:</b> Gluten-Free Pancakes Frozen Blueberries  Infants: Frozen Blueberries	Cheese Toast Frozen Strawberries  <b>Allergy:</b> Gluten-Free Toast Dairy-Free Cheese Frozen Strawberries  Infants: Frozen Strawberries	Cinnamon Rolls Sliced Oranges  <b>Allergy:</b> Gluten-Free Cinnamon Toast Sliced Oranges  Infants: Mandarin Oranges	French Toast Sticks Frozen Mango  <b>Allergy:</b> Gluten- Free Waffles Frozen Mango  Infants: Frozen Mango	Chicken Biscuit Fresh Bananas  <b>Allergy:</b> Chicken Pattie Gluten Free Bread Fresh Bananas  Infants: Fresh Bananas
<b>Lunch</b>	Shepherd Pie w/Vegetables Fresh Apples  <b>Allergy:</b> Shepherd Pie w/Vegetables Gluten-Free Bread Fresh Apples  Infants: Applesauce	Curried Chicken Peas & Rice Steamed Cabbage Frozen Pineapple  <b>Allergy:</b> Curried Chicken Peas & Rice Steamed Cabbage Frozen Pineapple  Infants: Frozen Pineapples	Meat Lovers Pizza Roasted Corn Mixed Fruit <b>Allergy:</b> Meat Lovers Pizza w/ Dairy-Free Cheese Roasted Corn Mixed Fruit  Infants: Mixed Fruit	Loaded Nachos Garden Green Salad Frozen Peaches  <b>Allergy:</b> Loaded Nachos w/ Dairy Free Cheese Garden Green Salad Frozen Peaches  Infants: Frozen Peaches	Panko Bread Chicken Tenders Sweet Potato Fries Bread Sticks Fresh Pears  <b>Allergy:</b> Roasted Chicken Tenders Gluten-Free Bread Sweet Potato Fries Fresh Pears  Infants: Diced Pears
<b>P.M. Snack</b>	Garlic-Cheesy Pita Bread  <b>Allergy:</b> Gluten-Garlic Bread Dairy-Free Cheese Infants: Garlic-Cheese Flat Bread	Graham Crackers Vanilla Yogurt  <b>Allergy:</b> Gluten-Free Crackers Fresh Cantaloupe Cups  Infants: Vanilla Yogurt	Cereal Bars Fruit Cups  <b>Allergy:</b> Gluten-Free Bars Fruit Cups  Infants Cereal Bars	Vegetable Dip Corn Tortilla Chips  <b>Allergy:</b> Garden Salsa Corn Tortilla Chips  Infants: Soft Tortilla Chips	Vegetable Bean Crackers Cheese Sticks  <b>Allergy:</b> Gluten- Free Cracker Dairy-Free Cheese  Infants: Sliced Cheese

**Note:** Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

**Note:** Fruits will be fresh, frozen or packed in fruit juice.

**Note:** Menu subject to change based on availability.