

Bright Horizons ELA Menu- June 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Breakfast: Apple Cereal Bar Banana /Milk Lunch: Whole Grain Calzone Mixed Fruit /Salad Mix/ Milk Snack: Whole Grain Cheese Itz Cracker/ Mixed Fruit
4 Breakfast: Raisin bread/applesauce/ Milk Lunch: Turkey Noodle Casserole Peas/ Banana Milk Snack: String Cheese/ Veggie Cracker	5 Breakfast: Nutra grain bar/Fruit Salad/ Milk Lunch:Baked Turkey Ham/bread stick/warm apples/broccoli Snack: Oyster crackers/Peaches/ Milk	6 Breakfast: English Muffin Peaches /Milk Lunch: Pizza pie lasagna/honeydew/steamed carrots/ Milk Snack: Lemon berry cookies/Milk	7 Breakfast: Waffles/ Mixed Fruit/ Milk Lunch: Chicken Pot Pie/ Mashed Potatoes/ Bread/watermelon Snack: Wheat wafers & Sun butter	8 Breakfast: Blueberry Muffin Apples / Milk Lunch: Whole grain mozzarella calzones/ Mixed fruit/salad mix Milk Snack: Yogurt /Granola
11 Breakfast: Raisin Bread/ Mangoes/ Milk Lunch: Chicken curry casserole/whole grain bread sticks/ Bananas/peas/ Milk Snack: Vanilla Wafers/ Milk	12 Breakfast: Cereal Bar/ Bananas/ Milk Lunch:Turkey sausage/Whole grain french toast sticks/roasted potatoes/mixed fruit/Milk Snack: Yogurt/ Graham Cracker	13 Breakfast: Rice Krispies/ Raspberries/Milk Lunch:Beefy grilled tacos/fiesta brown rice/corn/honeydew/ Milk Snack: Pears / Breadsticks	14 Breakfast: Boiled Egg/ Biscuit/ Strawberries/ Milk Lunch: Meatloaf /Whole Grain rice/cauliflower /cantaloupe/Milk Snack: Cranberry Bread / Milk	15 Breakfast: Pancakes/ Applesauce /Milk Lunch:BBQ chicken chunks/whole grain cornbread muffins/mixed veggies/oranges/milk Snack: Apples /Veggie Crackers
18 Breakfast: Life Cereal/ Fresh Oranges/ Milk Lunch:Chicken sloppy joe sandwich/whole grain hot Dog bun/ Peas/ Bananas/buttered carrots Snack: Pita Bread/ Sun butter	19 Breakfast: Blueberry Muffin/ Blueberries/ Milk Lunch: Beef meatball sandwich/peas/watermelon/ Milk Snack: Graham Crackers/ Milk	20 Breakfast: Bagels/ Peaches Milk Lunch: Chicken & Broc Casserole /brown rice/steamed broccoli/applesauce/ Milk Snack: Wheat Wafers/ Apple butter	21 Breakfast: Chex Cereal/ Bananas Milk Lunch: Chicken Nuggets/ Brown Rice/ Oranges/cauliflower/ Milk Snack: Lemon Bites Crackers Milk	22 Breakfast: English Muffin/ Fruit Cocktail/ Milk Lunch: Grilled turkey & cheese sandwich/corn/bananas Snack: Cranberry Bread /Milk
25 Breakfast: Raisin Bread/sun butter/milk Lunch:Chicken cattchatore/whole wheat penne/green beans/bananas/milk Snack: Cheese-itz crackers/milk	26 Breakfast: Cheerios/ Banana/ Milk Lunch: Vegetarian Chili/ Brown Rice/ Green Beans/ Watermelon Milk Snack: Pretzel Bites /Cheese cubes	27 Breakfast: French Toast/ Applesauce/ Milk Lunch:Egg & Cheese sandwich/whole grain english muffin /roasted potatoes/ oranges/ Milk Snack: Vanilla Wafers/ Milk	28 Breakfast: Life Cereal /Mandarin Oranges/ Milk Lunch: Cheese tortellini with meat sauce/ Mixed Fruit/roasted corn/ Milk Snack: Sun butter/ Pita/ Mixed Fruit	29 Breakfast: Vanilla Yogurt/ Granola /Blueberries/ Milk Lunch:White bean chicken chili/whole grain rice/green beans/ Milk Snack: Cornbread/ Milk
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