

Bright Horizons at RTP Winter Menu

January 29th – February 2nd

Subject to Change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack (8:15-8:45)	Cereal Milk	Oatmeal Milk	Biscuits w/ Turkey Sausage Milk	Muffins Milk	Scrambled Eggs w/ Cheese Milk
Lunch	Turkey Meat Sauce w/ Angel Hair Pasta Angel Hair Pasta w/ Vegan Cheese Green Beans Fresh Cantaloupe Milk	Chicken Stir Fry Tofu Stir Fry Tofu and Rice Casserole Brown Rice Fresh Apples Milk	BBQ Meatballs Vegan Patty w/ BBQ Sauce California Veggies Peaches Milk	Chicken Kale Soup Minestrone Soup Wheat Rolls Fresh Pineapple Milk	Baked Fish Veggie Nuggets Broccoli Fresh Strawberries Milk
Afternoon Snack (3-3:30)	Fresh Bananas Wheat Crackers Water	Goldfish Baby Carrots Water	Hummus w/ Pita Bread Milk	Cornbread Mixed Berries Water	Zucchini Bread Milk

All Meals Are Served with Organic Whole Milk or 1% or 2% Milk

