

 Snack Menu

Monday

 Morning Oatmeal Cereal Bar, orange sections and water

 Afternoon Trail mix with dried fruit and water

Tuesday

 Morning Strawberry, cream cheese roll ups and water

 Afternoon Cucumbers with Tzatziki and water

Wednesday

 Morning Apple slices w/Sunflower Seed Butter and water

Afternoon Cheddar Rice Cakes, fruit and water

 Thursday

Morning Fruit Salad with greek yogurt and water

Afternoon Wheat crackers with string cheese and water

 Friday

Morning Bagel with cream cheese and water

Afternoon Cottage cheese with peaches and water